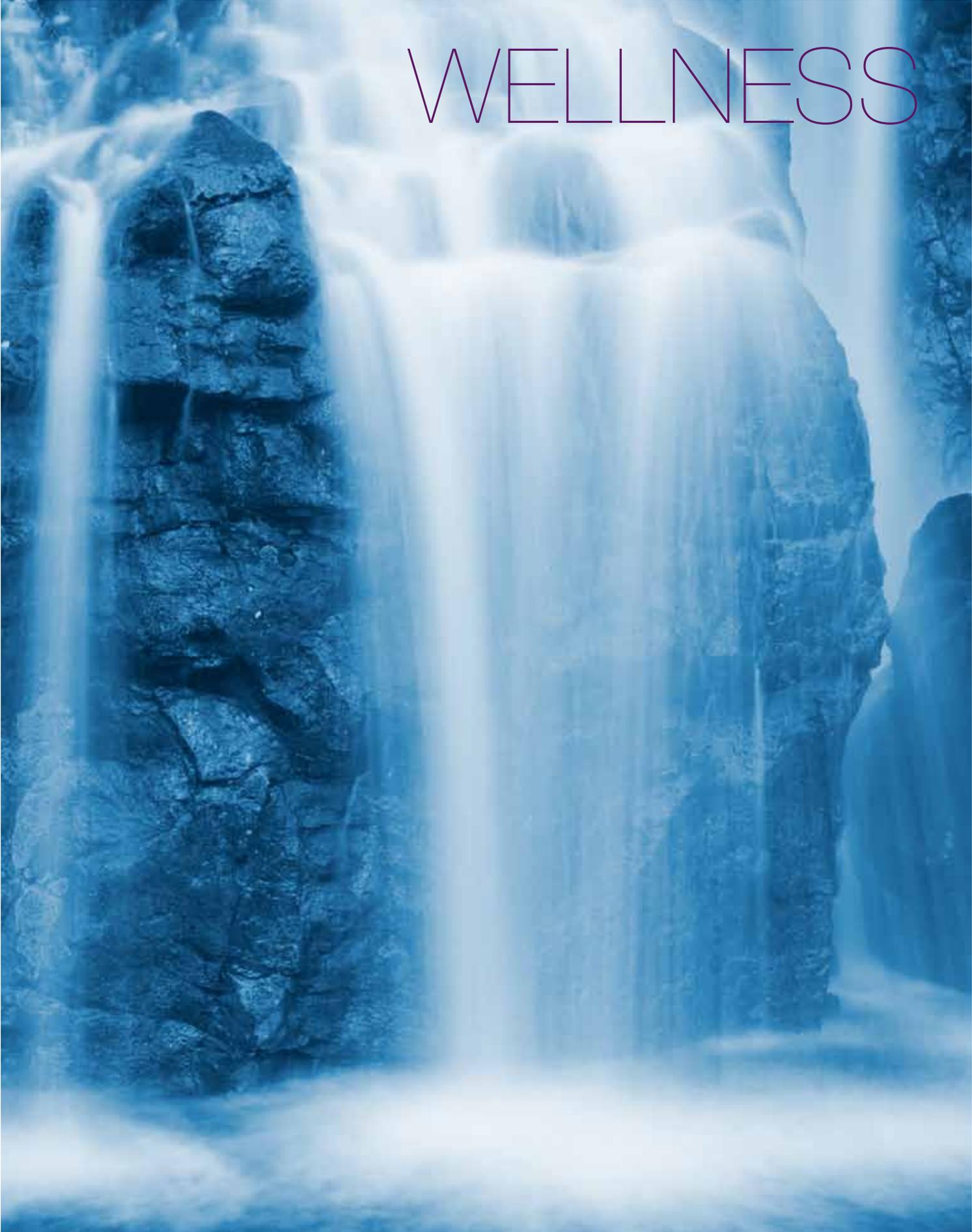
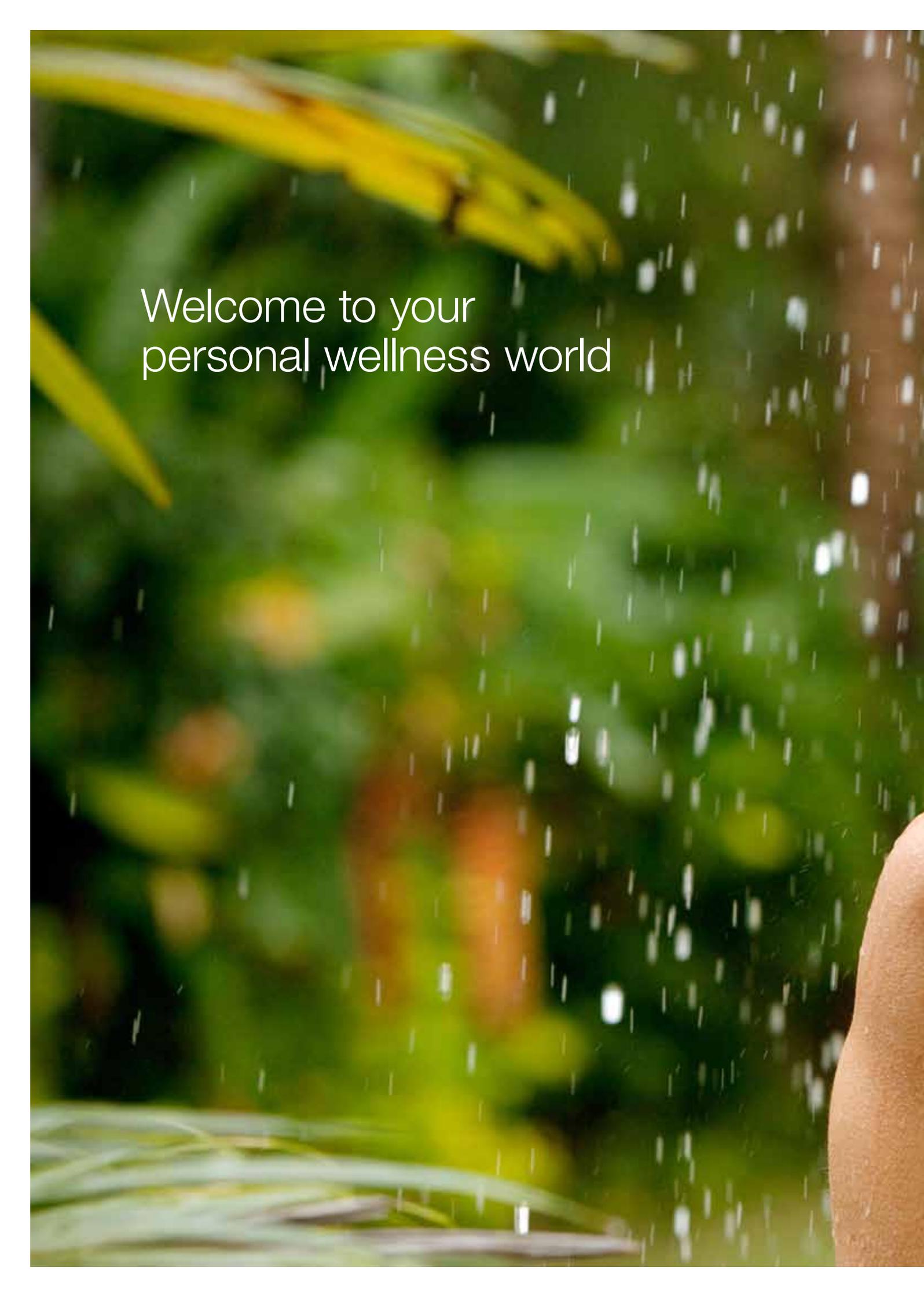


 MADE IN
GERMANY

HOESCH

WELLNESS



A close-up photograph of a person's back being sprayed with water. The water droplets are captured in mid-air, creating a soft, misty effect. The background is a lush, out-of-focus green environment, likely a tropical or jungle setting, with some palm fronds visible. The overall mood is refreshing and natural.

Welcome to your
personal wellness world



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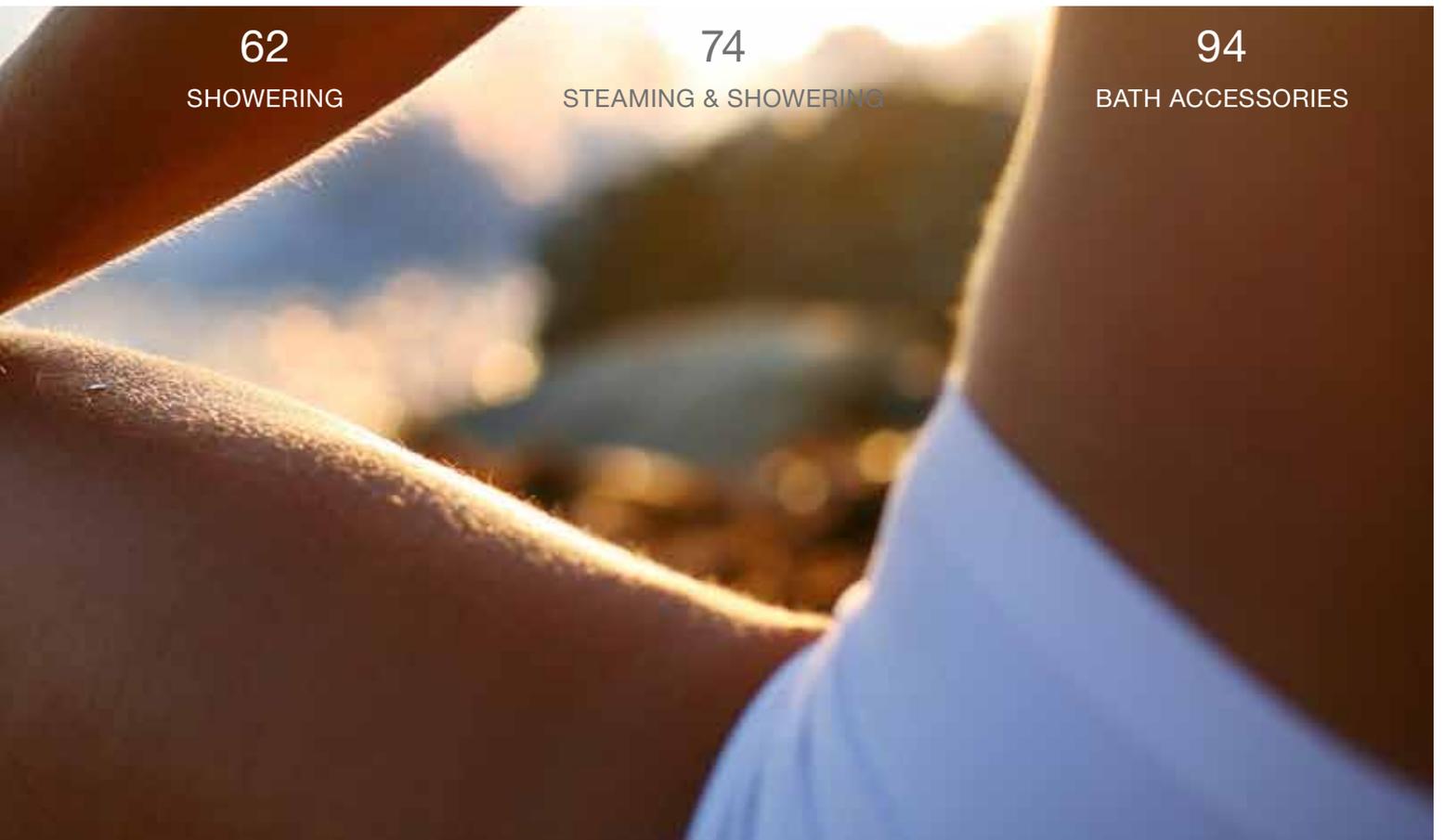
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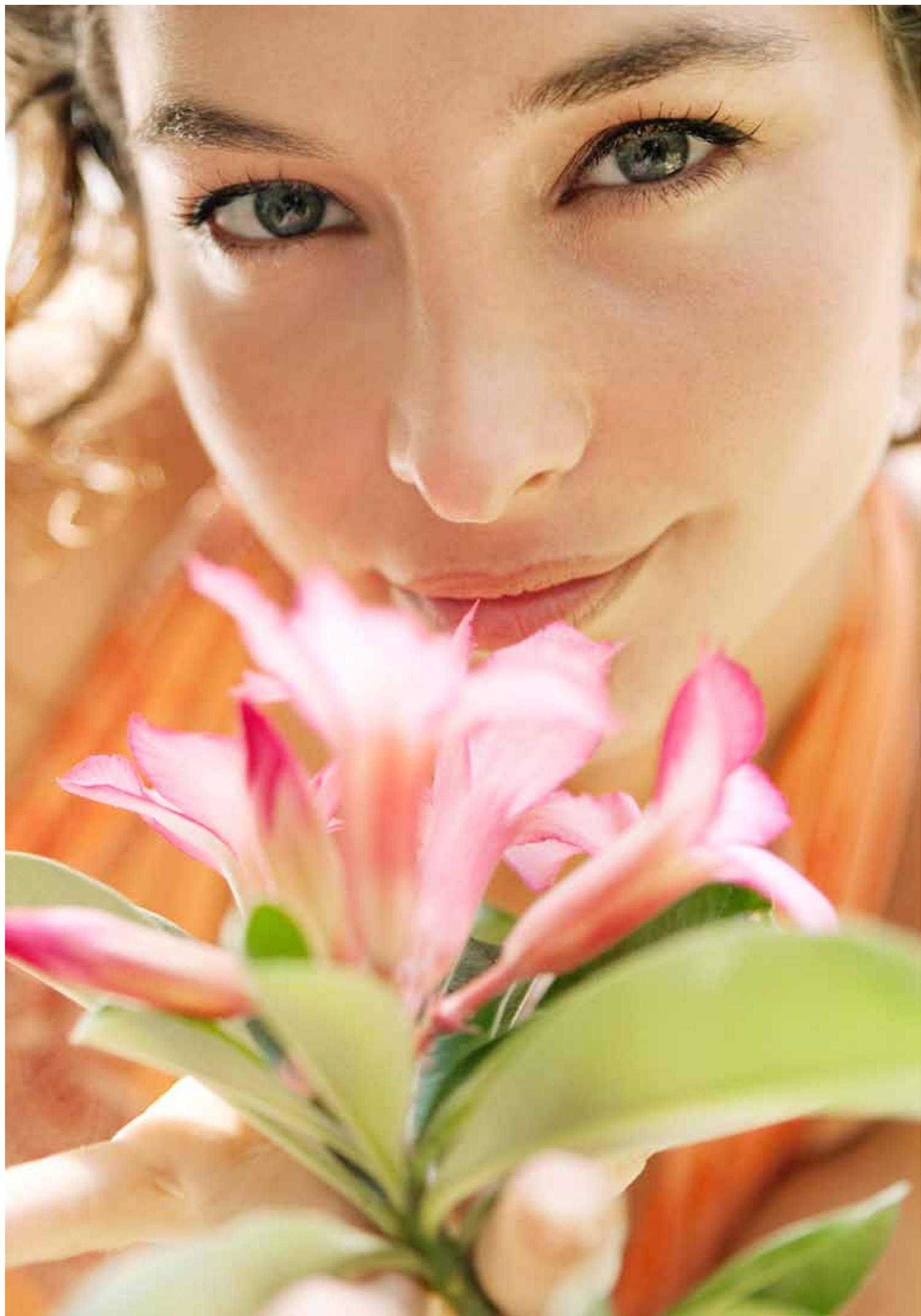
editorial

GIVE YOURSELF A TREAT *JOIE DE VIVRE* FROM HOESCH

Good health and a sense of wellbeing are important for all of us. Maintaining a balance between work and family, between stress and relaxation, between achieving and just living can reduce stress and make us relaxed day by day. It is only by paying attention to the needs of our body and mind that we remain healthy and happy.

What is the best way to achieve it? Even the little things can help improve our feeling of wellbeing: a walk after work, some downtime in a bubbling whirlpool bath or a soothing massage, a refreshing shower or a candlelit meal with fine wine. If you regularly find time for these little moments of downtime and pampering, you are incorporating wellness in your everyday life – and you will notice a distinct improvement in your quality of life.

In satisfying the longing for relaxation, water often plays a central role. That's why you can easily enjoy many wellness treatments within your own four walls: at home in your bath. Make a point of using the essential element of water to keep you relaxed, well-balanced and, above all, healthy. On the next few pages you'll find lots of ideas and tips for discovering your personal route to a better quality of life. The HOESCH wellness range perfectly combines long-lasting relaxation with irresistible style. Why not give it a try?



OUR RECIPE FOR A BETTER QUALITY OF LIFE

To keep healthy by maintaining inner balance – our recommended remedy is relaxation. Even dispensed in small doses, it brightens your mood, puts your body at rest and increases your sense of *joie de vivre*. A pampering experience with lasting effects.





Thasos
1750x1100 mm

Health – a many-flavoured cocktail for life

Doesn't "being healthy" just mean not being ill? No, health is far more than that: "Being healthy is a state of complete mental, physical and social wellbeing". That's how the World Health Organisation has described it – and with good reason. Successful events, a long summer holiday or the precious feeling of being loved can all affect our wellbeing in a positive, strength-giving way.

Pure relaxation for body and soul

Look after yourself, your body and your mind. Take little periods of downtime to find some repose. Find a quiet moment to listen to yourself and recognise your own personal needs. Relaxation is an important part of wellbeing. Not only your muscles and your whole body but your ideas and emotions need regular breaks too. The positive effect of relaxation on our health is well-known: it's a proven remedy for stress and stress-related illnesses, as well as a way of attaining greater serenity and inner balance.

Inner balance actively experienced

Luxuriate in relaxation and the sensation of wellbeing – with HOESCH wellness products, it's so easy. As the ideal antidote to the ever-increasing demands of daily life, just sink into one of our carefully designed baths. Or a refreshing shower will revitalise you and give you new strength, while a soothing whirlpool massage will make you forget everything else around you. All your problems will simply fall away. Treat yourself to these feel-good moments. Wellbeing with no compromises.

FOUR-STAR LUXURY WITH HOESCH

For fourteen years now, hotelier Heiner Buckermann and wellness and beauty expert Carina Laux have been running the “Zum Kurfürsten” health and SPA hotel in the town of Bernkastel-Kues in the Moselle valley. He revealed to us why only bathroom and wellness products by HOESCH are deemed acceptable in his exclusive four-star complex.

“We want to provide our guests with an environment in which they can relax, a place where the hustle and bustle of normal life can be left at the door,” explains Heiner Buckermann.

“We know exactly what our guests want, which is why so many HOESCH models can be found throughout our establishment – to the delight of our guests. With its products, HOESCH releases people from their everyday concerns and provides them with the ultimate feel-good experience.”

The trend: private wellness

Heiner Buckermann has in recent years detected a new trend in what his clients are looking for: “Many of our guests are now looking for an exclusive wellness zone in their own hotel room. While they still enjoy relaxing in our public areas by swimming in the panorama pool or taking advantage of the various saunas, whirltubs and extensive range of massages that we provide, there is also a desire among many to be able to unwind in a more private environment.”

As a result, it is no longer just the public SPA zone of this sophisticated four-star hotel in which HOESCH bathtubs, whirltubs and steam cabins can be found, but in the exclusive single and double rooms too. Hotel guests now have the freedom of choice. On the one hand they can choose to explore all the luxury that a wellness hotel has to offer in a premium wellness zone covering some 2500 m², or they can quietly retreat and enjoy a range of wellness facilities in their own room.

“From luxurious bathtubs and whirltubs to steam cabins with aromatherapy, massage jets and relaxing music – all for our guests to enjoy alone or with their partner in the privacy of their own room,” explains the hotelier.

A wellness hotel at home

Not only to enjoy the comfort of a private wellness zone in a wellness hotel, but also in the comfort of your own home – that is the dream of many. Heiner Buckermann may well have fulfilled this wish for his guests, but now everyone can bring a piece of the wellness hotel into their own home.

The various steam and shower cabins, whirltubs and bathtubs available from HOESCH are ideal for the whole range of different residential needs and circumstances.

Available in a range of sizes and designs, they boast such exquisite features as back jets, exclusive lighting, aromatherapy or rainfall shower heads for the perfect tropical rain experience. A spacious design, premier materials and intelligent details dispense the flair and comfort of a luxurious wellness hotel.



Foster
1900×900 mm

SenseEase
1200×1000 mm



Foster
1900×900 mm

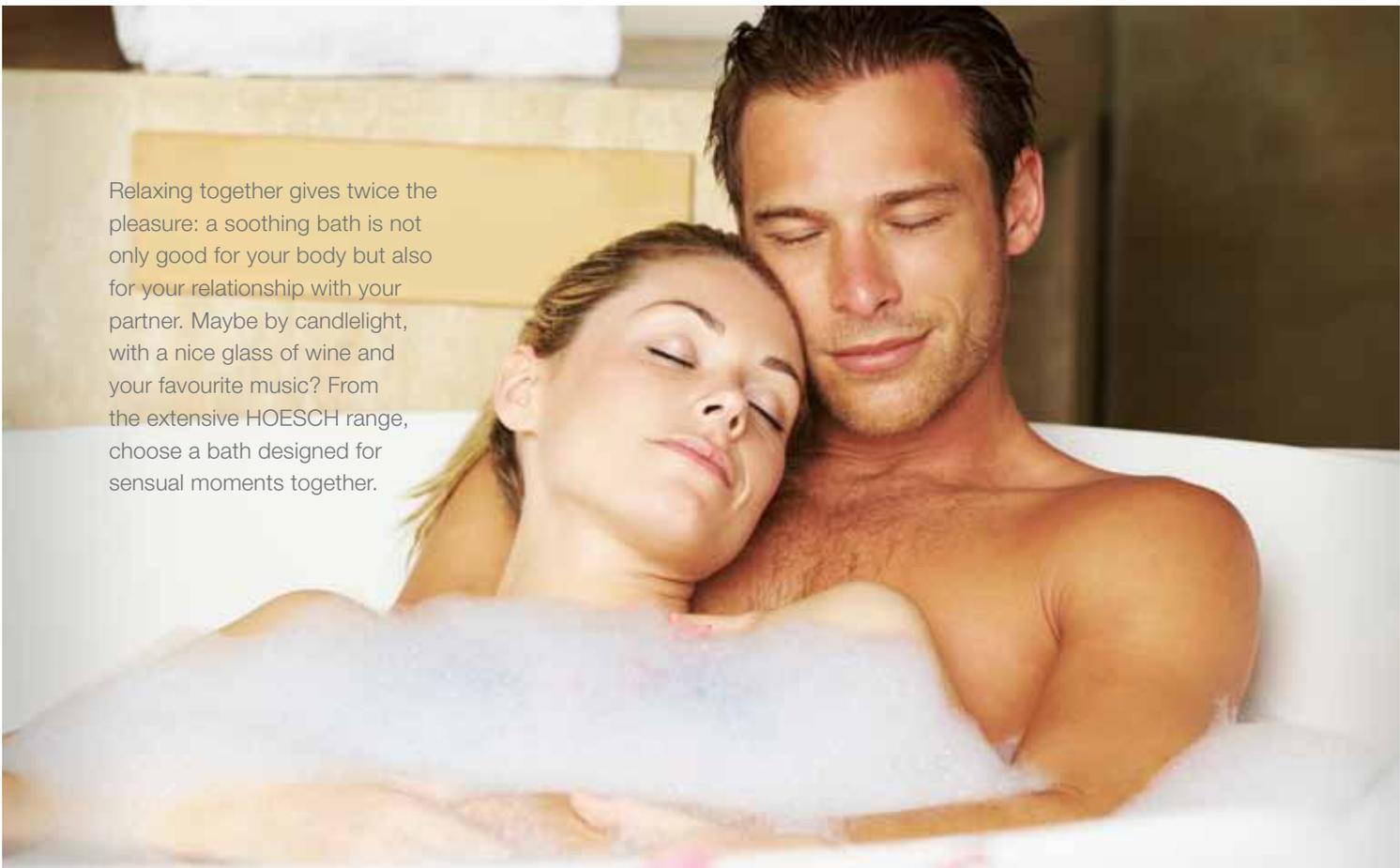
bathing for two

ENJOY A SENSUAL PLEASURE
AS A COUPLE

Bathing and whirling – Largo offers a lot of space and comfort and Tergum for two – whirlpool system creates a bathing experience with a soothing back massage.



Largo with Tergum for two
2000x1400 mm



Relaxing together gives twice the pleasure: a soothing bath is not only good for your body but also for your relationship with your partner. Maybe by candlelight, with a nice glass of wine and your favourite music? From the extensive HOESCH range, choose a bath designed for sensual moments together.



Bathing – in the roomy Santee bath, two people can comfortably sit opposite one another and gaze into each other's eyes.

Santee
1900x1200 mm

Steaming – the SensePerience steam cabin
ideal for shared steaming, showering and relaxing.



SensePerience
1800x1000 mm



Ciela
1700x900 mm



Showering – Ciela and Thasos shower enclosure ensures now pure showering pleasure also for two.



Thasos
1700x900 mm

bathing

INDULGE WITH
ALL YOUR SENSES...





HEALTHY WELLBEING – THE SUCCESS STORY OF THE BATH

The bath – the key to relaxation

Bathrooms are becoming more and more like private SPAs. They are places where we are not only concerned with daily hygiene but also want to recharge our batteries, relax and unwind. And as all pleasure-lovers know: the best way to relax is in a deep, hot bath. In autumn and winter, the bath water warms our bodies, while special herbal bath products relieve the symptoms of illnesses like colds or sore throats. Even in spring and summer, some time out in the bath is the perfect way to switch off and take a breather. Exotic bath additives like lemon grass, cypress or grapefruit are refreshing and may remind us of our last holiday by the sea. Treat yourself to a bath on a lovely summer's day.





Philippe Starck Edition 2
1750x800 mm



The pleasure is everywhere.
We have to only know how to find it.



Foster
1800x800 mm



Ergo+
2000x1600 mm

Find the bath of your dreams

We usually find it easiest to relax in a stylish setting. So that's how the ideal bathroom should be designed – in addition to being functionally perfect, so that it meets all our needs and wellness wishes. The bath plays a key role in this: it's a wonderful source of wellbeing. A designer bath from HOESCH will provide unlimited pleasure for your body and soul, thanks to its special functions for boosting your wellbeing. Make yourself comfortable, in your favourite place that you create yourself. Our varied range includes extra-roomy baths, baths with different floor lengths and baths with ergonomically angled backs. You can choose between freestanding models and fashionable built-in versions which come in one- or two-seater models.



For the very discerning user, there is a special model with a back-rest, made of lovely warm, soft material, you can adjust to suit your body. The sharp contrast between the matt black of the back-rest and the dazzling white of the acrylic really highlights the stylish design. Make your dreams of a seductive feel-good paradise come true, between your very own four walls.

Create your own personal place for relaxation

Fulfill your dream of having your own temple of wellness.

With a bath and accessories from HOESCH, you can turn your bathroom into an irresistible wellness oasis. At the end of a busy day, just plunge into the bath and start up your personalised feel-good program. Pleasant aromas and gentle music will cast their spell over you while the whole room is bathed in atmospheric light: it's a pleasure you can't put a price on. On the following pages, we show you how you can create a little island of relaxation within your own four walls – including lots of tips for setting up your very own wellness day, to be enjoyed with all your senses.



SingleBath Duo
1798x1173 mm

WELLNESS TIPS

The best way to apply the mask is bathing time – warmed skin, the deep-cleaned pores quickly absorb caring ingredients contained in cosmetic.



Spectra
1800x1200 mm

WELLNESS AT HOESCH – AN EXPERIENCE FOR ALL FIVE SENSES

We perceive ourselves and our environment through five senses. We see the world around us and hear its sounds, we smell coffee in the morning or freshly mown grass, we feel rough wood or a soft pullover on our skin and taste a sweet apple on our tongue. Pure wellness means experiencing the world with all five senses. Without any distractions or other thoughts, simply concentrate on yourself, your body and soothing sensory impressions. Your senses will help you, and so will a bath and accessories from HOESCH.



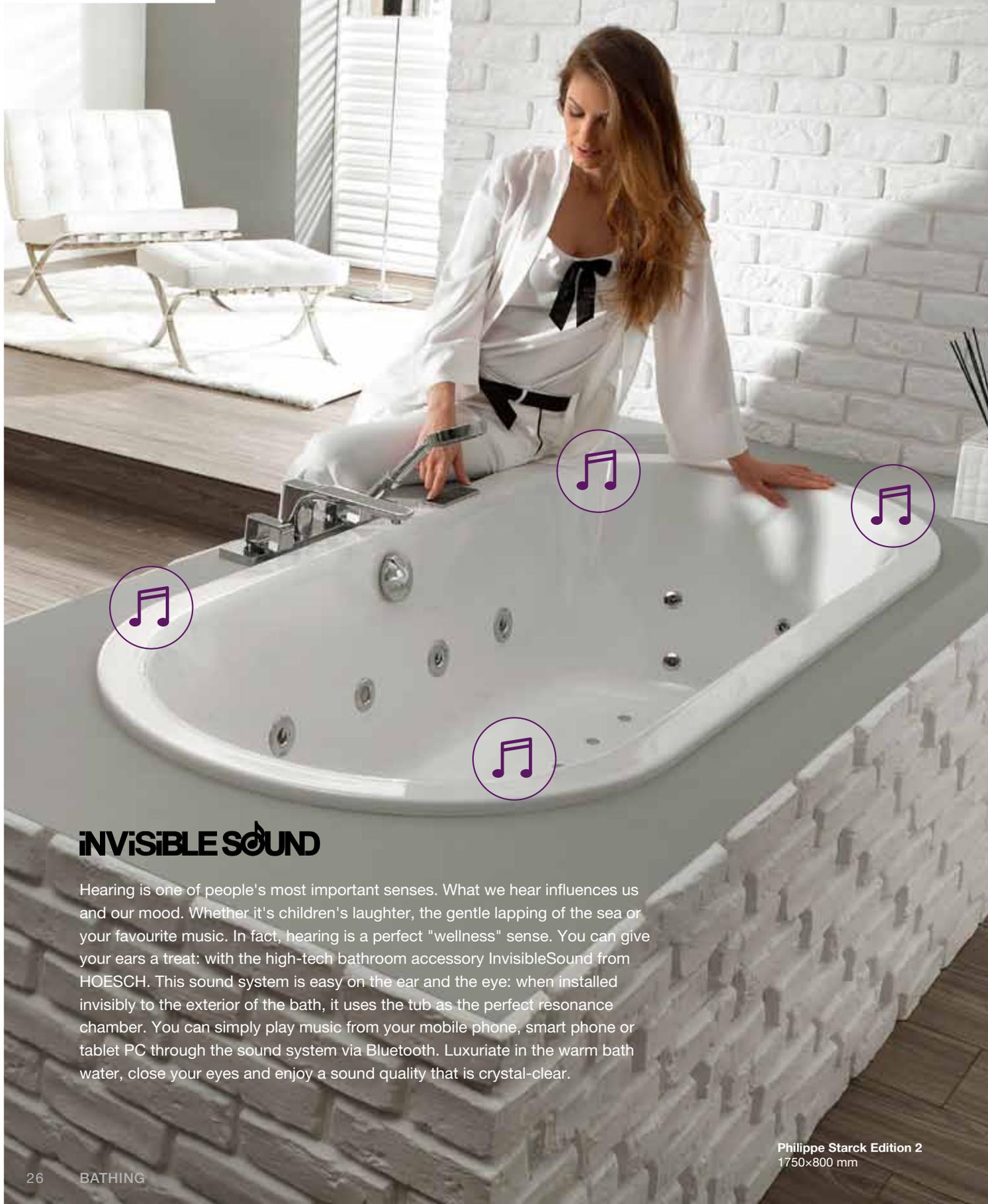


Philippe Starck Edition 2
1750x800 mm

Our skin enjoys physical contact. Gentle massage and stroking are an important part of a perfect feel-good day. And it doesn't have to be a professional masseur: you yourself know best what feels good to you. Using your own hands or a massage brush, you can determine the pressure, pace and duration for yourself. The material that the bath is made from is pleasantly warm and smooth to the touch. As well as physical contact, we also perceive heat and cold through our skin. In the bath, warm water envelops your body in soothing heat and weightlessness.



HEARING



INVISIBLE SOUND

Hearing is one of people's most important senses. What we hear influences us and our mood. Whether it's children's laughter, the gentle lapping of the sea or your favourite music. In fact, hearing is a perfect "wellness" sense. You can give your ears a treat: with the high-tech bathroom accessory InvisibleSound from HOESCH. This sound system is easy on the ear and the eye: when installed invisibly to the exterior of the bath, it uses the tub as the perfect resonance chamber. You can simply play music from your mobile phone, smart phone or tablet PC through the sound system via Bluetooth. Luxuriate in the warm bath water, close your eyes and enjoy a sound quality that is crystal-clear.

Philippe Starck Edition 2
1750x800 mm

Light and colours are essential elements when it comes to creating the right atmosphere. Our visual perceptions influence our feelings and our sense of wellbeing. HOESCH baths are elegant and simple in their design and leave plenty of scope for effective lighting and a harmonious ambience. Any of our baths can be fitted with up to four LED spotlights, creating magical lighting effects under the water. If you like the play of colours, you will opt for a light source with automatic colour changer.



A stylishly designed bath helps reinforce the positive impression. That's why HOESCH offers glass panelling for your bath as an optional extra feature: incredibly beautiful and extremely smooth. The lights reflect wonderfully on the glass surface. The whole room is bathed in magical light.



” At HOESCH everything is possible: try it for yourself!



Thasos
1500x1000 mm



Largo
freestanding
2000x1400 mm





SMELL



What would a deep bath be without a wonderfully soothing aroma enveloping you? Essential oils create different moods with their strong fragrances. And they do more than that: aromatherapy is the art of using specific plant essences to improve your health and sense of wellbeing. HOESCH foam baths contain natural essential oils and are designed to have just the effect you want: to make your bath give double the pleasure.



HOESCH foam baths are specially made for your whirlbath: they do not create too much foam but they support the deep-down effect of the bubbling bath. Try it for yourself!

- Sandalwood – new energy
- Carnation-Honey – revitalization
- Musk – stimulation
- Cajeput – needed energy
- Cajeput-Mandarine – fresh energy
- Lavender – relaxation
- Lemon grasslemon balm – refresh
- Vanilla – calm



WELLNESS TIPS

For the best choice of extracts take the following experts advice:

Blood flow disorder

5 drops of rosemary oil &
5 drops of sandalwood oil

Symptoms of a cold

5 drops of thyme oil &
5 drops of eucalyptus oil

Relaxation

5 up to 8 drops of lemon balm oil &
2 drops of lavender oil

Wrinkles

10 drops of rosewood oil &
2 drops of rose oil



We experience many of the things which give us the most intense enjoyment through our tongues: sweet chocolate, hot chilli pepper, the "salt in the soup" or the refreshing acidity of lemon. We find eating good food fun and satisfying. When a delicious taste is combined with healthy ingredients, food gives us a real wellness kick.

To give your body, soul and tongue the perfect feel-good boost, try a healthy wellness drink that you can enjoy in the bath. Get shaking!

WELLNESS TIPS

Pineapple cocktail

Ingredients for 1 glass:

Orange juice – 30 ml

Pineapple juice – 40 ml

Ice cubes – 4 pcs

Preparation: Put the ice cubes into the shaker and pour the remaining ingredients. Then vigorously mixed for 8–10 seconds and pour through a strainer into a cocktail glass. Pineapple cocktail can be decorated by the pineapple piece on the edge of the glass. Enjoy it!



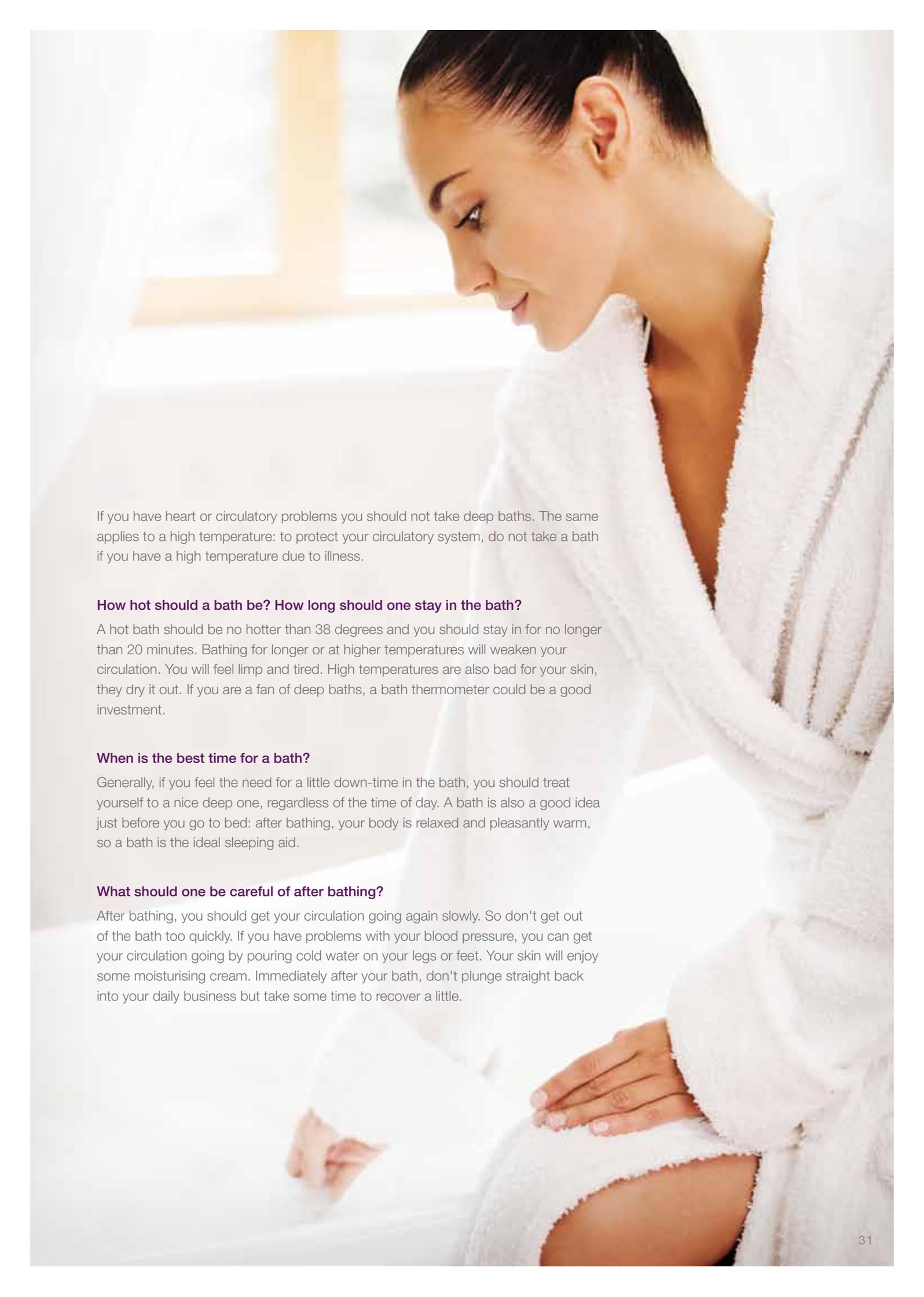
KEY FACTS AND TIPS ABOUT BATHING

Why is a hot bath good for your health?

Bathing in warm water has been shown to have a therapeutic effect on your health:

- It cleanses your skin.
- It relaxes your muscles.
- It stimulates your metabolism.
- It boosts your blood supply.
- It enlarges your blood vessels.
- It helps with high blood pressure: thanks to the pleasant heat and varying pressure of the water, regular deep baths can lower blood pressure over time.
- It calms the nervous system.
- Especially in combination with essential oils, it relieves the symptoms of colds or chronic diseases like rheumatism.
- Regular relaxation in a bath gives us more energy and makes us better able to cope with everyday stress and pressure.





If you have heart or circulatory problems you should not take deep baths. The same applies to a high temperature: to protect your circulatory system, do not take a bath if you have a high temperature due to illness.

How hot should a bath be? How long should one stay in the bath?

A hot bath should be no hotter than 38 degrees and you should stay in for no longer than 20 minutes. Bathing for longer or at higher temperatures will weaken your circulation. You will feel limp and tired. High temperatures are also bad for your skin, they dry it out. If you are a fan of deep baths, a bath thermometer could be a good investment.

When is the best time for a bath?

Generally, if you feel the need for a little down-time in the bath, you should treat yourself to a nice deep one, regardless of the time of day. A bath is also a good idea just before you go to bed: after bathing, your body is relaxed and pleasantly warm, so a bath is the ideal sleeping aid.

What should one be careful of after bathing?

After bathing, you should get your circulation going again slowly. So don't get out of the bath too quickly. If you have problems with your blood pressure, you can get your circulation going by pouring cold water on your legs or feet. Your skin will enjoy some moisturising cream. Immediately after your bath, don't plunge straight back into your daily business but take some time to recover a little.

whirling

A BATHING EXPERIENCE
TO INVIGORATE
THE SOUL...

W
O
S
W
O



A BUBBLING SOURCE OF HEALTH AND HAPPINESS

The natural way to unwind

Even our forefathers knew that bathing in bubbling warm water releases the pure vitality and *joie de vivre* in us all. Thousands of bubbles tickle the skin, the flowing water massages the muscles, the body floats in a sea of warm tranquility.

Small bubbles, big effect

The bubbles give the strokes of water a pleasingly soft sensation. Air bubbling up through the water stimulates the entire body. The health-enriching effect of whirl bathing is a vivid experience: the body relaxes and surrenders to the soothing water. The massage stimulates the flow of blood and releases tension in the muscles. Aches and pains disappear. Enjoy this feeling of warmth and tranquility. Lie back and relax – leave all your cares behind. You cannot help but smile.





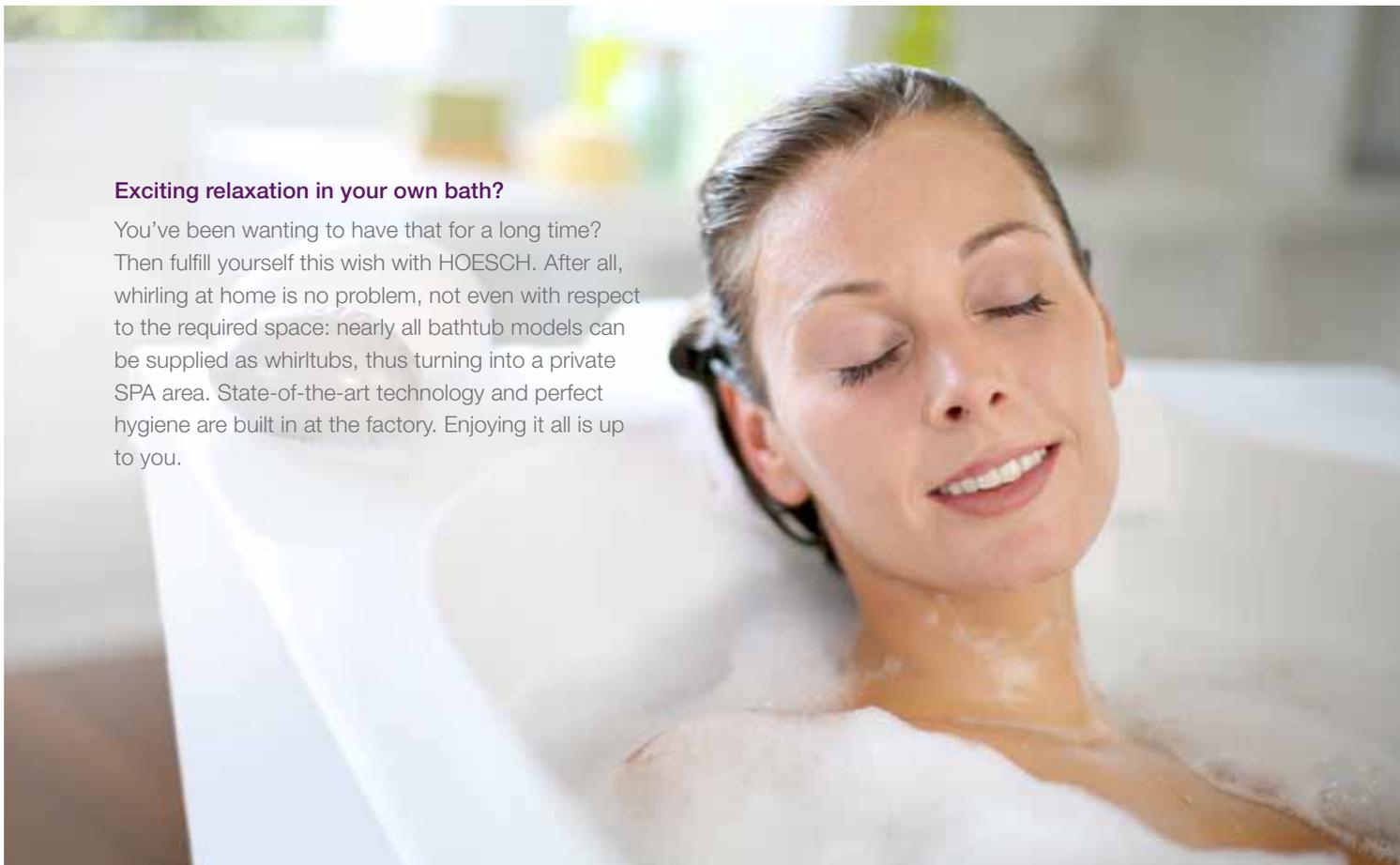
Ergo+
2000x1600 mm



Thasos
1500x1000 mm

Exciting relaxation in your own bath?

You've been wanting to have that for a long time? Then fulfill yourself this wish with HOESCH. After all, whirling at home is no problem, not even with respect to the required space: nearly all bathtub models can be supplied as whirltubs, thus turning into a private SPA area. State-of-the-art technology and perfect hygiene are built in at the factory. Enjoying it all is up to you.



Ergo+
2000x1600 mm

WHIRLING

What is whirling? How does this wonderful sense of cosy relaxation actually come about?

Whirl technology distinguishes between different methods:

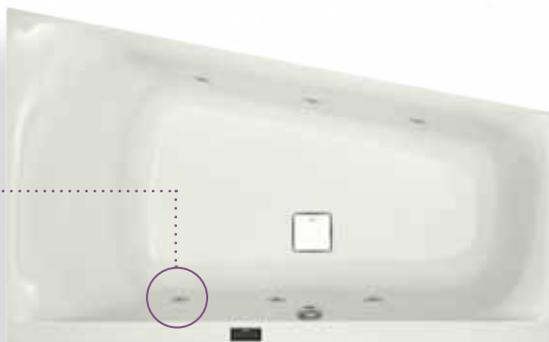
AIR

The air jets are installed into the tub base. Preheated air bubbles revitalise the entire body, stimulate the circulation and give you a pleasingly soft full-body massage.



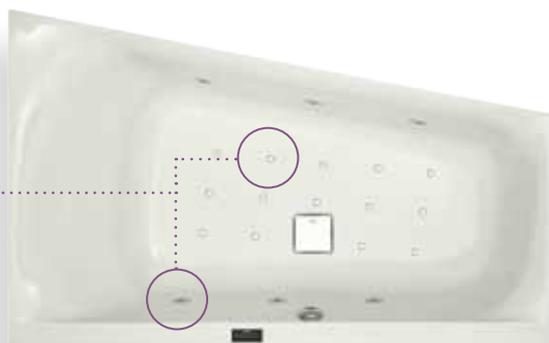
WHIRL

The whirl jets deliver pinpoint massage accuracy for targeted easing of tense muscles around specific parts of the body. The position and number of whirl jets vary from model to model.



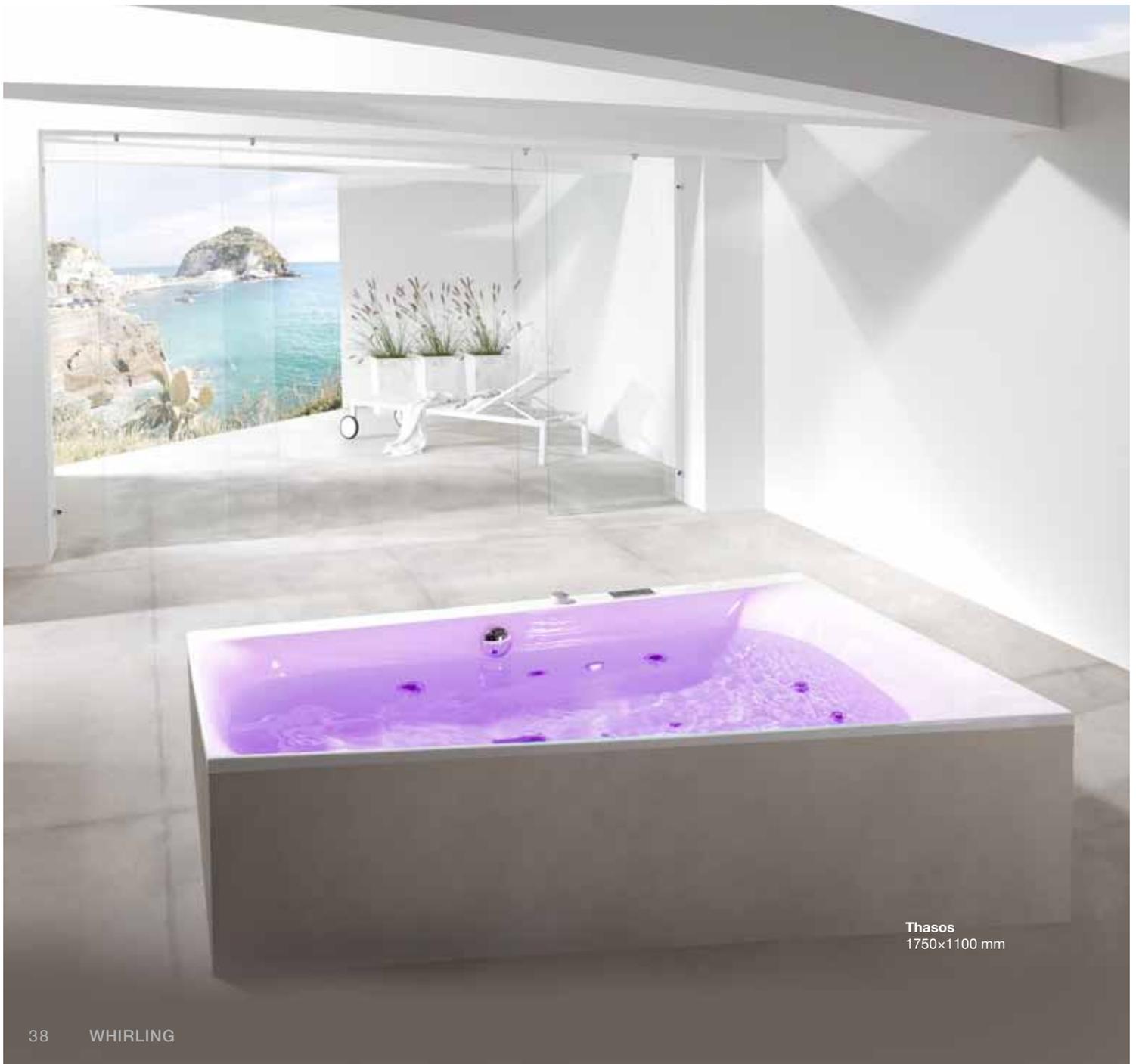
WHIRL + AIR

You achieve the most beneficial effects when combining the two kinds of jets. An irresistible design with exclusive champagne sparkle.

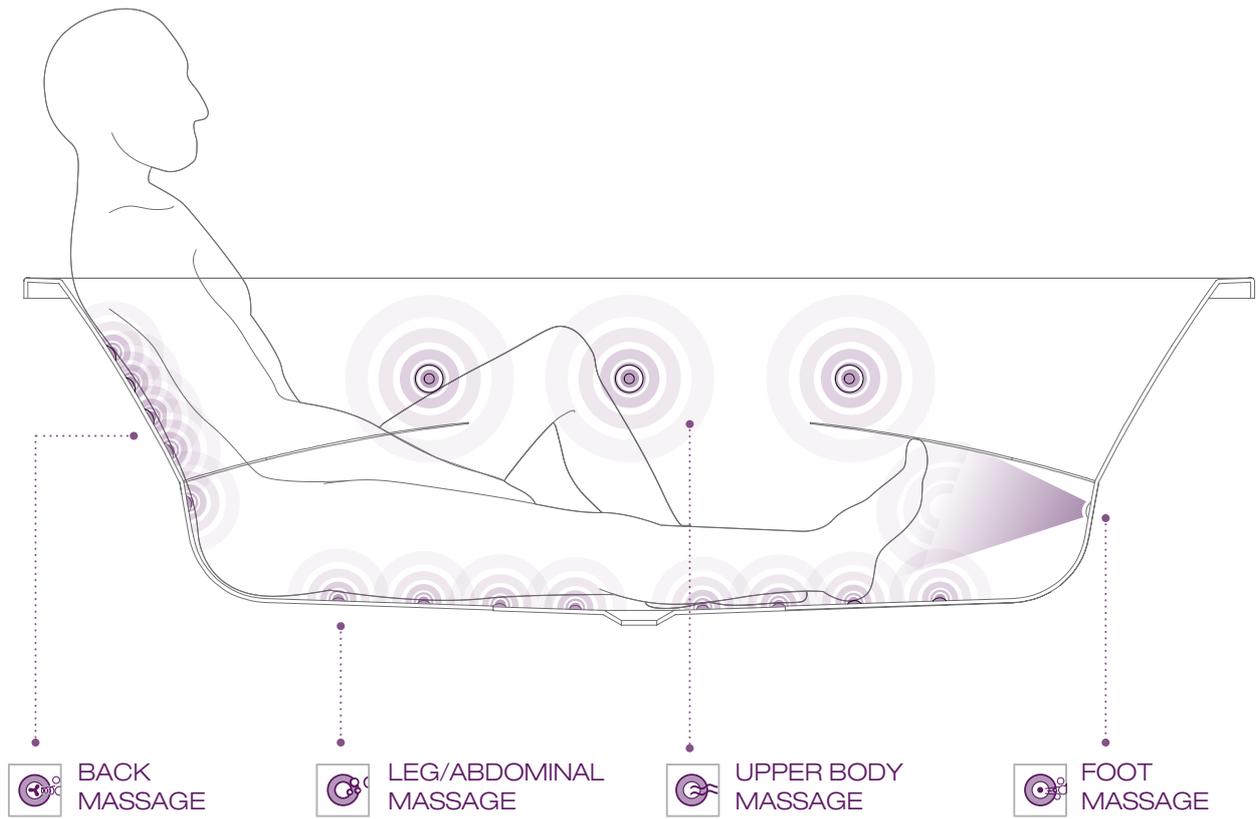


Our whirl systems: made for you

We exist for your wellbeing. We promise that in HOESCH you will find the whirl system of your dreams – a system tailored specifically to your individual needs and desires. Does your entire body need refreshing? Are you suffering from tension in the back or neck? Pains in your joints? Or are you looking for a foot massage? HOESCH offers the perfect whirl system for every need. Intelligently positioned massage jets in the sides and base of the tub relax the body and relieve tension wherever it is found. Choose between whirl and air jets, or choose a combination of the two for maximum sensual indulgence. HOESCH brings the entire body back to life.



Thasos
1750x1100 mm



	DELUXE			ERGO ⁺	REVIVA II				LAOLA II			TERGUM
	Air (3)	Whirl (5)	Whirl + Air (6)	Whirl + Air (S)	Air (U)	Whirl (Q)	Power (P)	Power + Air (E)	Air (X)	Whirl (Y)	Whirl + Air (Z)	Whirl (N)
		●	●	●		●	●	●		●	●	
	●		●	●	●			●	●		●	
	○		○	●		●	●	●		○	○	●
	○		○	●*		●	●	●		○	○	

*excluding corner version

- Standard
- Optional
- Depending on model

DELUXE: HighEnd

What the classical bathtub already provides for physical and mental relaxation, a high class whirltub surpasses by far.

The pleasant warmth of the water harmonises perfectly with the two LED underwater spotlights, that turn the whirltub and the entire bathroom into a sea of colour. When thanks to the whirl system the individual droplets dance on the water surface, it is a Deluxe whirling pleasure – made by HOESCH.

LED-RGB lighting with automatic colour-light changer



Control panel on the tub rim



Thasos
1750x1100 mm



Super-flat air jet



Whirl jet



AIR



WHIRL



WHIRL + AIR

Use all possibilities of the whirl programmes

A harmonic atmosphere can be created even before the intrinsic whirl pleasure begins. LED underwater spotlights and automatic colour changers are extras, that perfectly complement any whirl programme. At the same time the innovative jet technology offers full whirlpower: HOESCH gives you the choice between massage jets (up to 8) in the sides of the bath, air jets (up to 27) in the bottom and a combination of both. The surface of the in-built components is chrome plated or made of stainless steel. The water/air flow, whose force and direction can be regulated manually, as well as the adjustable air-injection system, that produces gentle air bubbles, will fulfill your personal expectations. Besides, the Deluxe-system represents the highest level of hygiene: while the jets are closed, the whole pipe system is pre-rinsed with a mix of disinfectant and fresh water. Get into a perfectly clean bathtub, select the automatic programs to your needs and let us pamper you with the outstanding HOESCH massage. Intensify your prickling wellness experience.

Benefit from the latest whirl technology

The innovative Deluxe system by HOESCH is pure luxury within our whirl programmes. In order to be convinced of the wonderful effects of whirling, try the four tailor-made and fully automatic whirl systems yourself.



FITNESS
– massages and improves blood circulation

The FITNESS programme (approx. 18 minutes) is especially designed to sooth and relax tense muscles. Its intense massaging effects on the body improving blood circulation and stimulating the cardiovascular system.



RELAX – gentle and soothing

Above all, the RELAX programme soothes the autonomic nervous system. The body is gently and pleasantly massaged during an approximately 30 minute whirl time. The massage intensity slowly decreases while intervals increasingly become shorter.



VITALITY – warm and powerful

The VITALITY programme operates like a steam sauna: the body is pleasantly warmed and then cooled. The temperature is automatically increased during an approximate 26 minute whirl time. The body is purified and the immune system is strengthened. Important: after the soaking in the whirlpool, rinse your legs with cold water and then relax for 15 minutes.



ENERGY – stimulating and refreshing

The ENERGY programme (approx. 15 minutes) stimulates and activates the entire autonomic nervous system. As time intervals noticeably increase so does the intensity of the massage. The body is refreshed and energy is restored.

DELUXE: HighEnd

An innovative whirl system with exceptionally attractive features

Try it for yourself:

- Available as an air system, whirl system and whirl + air combination
- Optimum water massage from up to 8 chrome whirl jets (variable positioning), massage jet can be adjusted 15° by hand
- Plane surface technology for flexible positioning of Venturi jets
- 12–27 air jets in the base supplied with warm air (entry temperature 40°C)
- Four wellness programmes: Fitness, Relax, Vitality, Energy
- Two standard LEDs with colour changer
- Exceptionally efficient pumps/jets
- Bidirectional touch-screen remote control, additional keypad on the rim of the bath +/- and interval switching
- Perfect hygiene thanks to rigid pipe system: automatic pre-cleaning using fresh water and disinfectant for closed nozzles, automatic post-cleaning using cold water connection
- Residual water drainage
- Dry-run protection and fully automatic final drying of air system
- Ample accessories, e.g. vital station, E-heater, HOESCH Combi Plus filler, additional air jets in the foot and back area



Thasos
1750x1100 mm

ERGO⁺: Premium

Let ergonomics get a word in edgeways

As the name already reveals, you can even increase the intensity of the bath with the optimally customised Ergo⁺ bathtubs created by yellow design. There are available as corner, rectangular, oval or square format, as bathtub or whirltub, optionally equipped with a stimulating LED light package. A surrounding overflow channel allows for deep immersion into refreshing water and protects from splashes during your bubbly whirlpool fun. Rest your head on the comfortable neck cushion, put both arms on the convenient arm rests and feel the vitalising effect of up to 26 whirl and 29 air nozzles. The features can be controlled individually by finger-tip via the user panel, so that you can enjoy all of the re-creative ergonomic wonders alone or twosome. Enter the bathtub pleasure and feel the vitalising effect with every cell of your skin.





LED-RGB lighting with automatic colour-light changer



Remote control

Capacitive operating panel



Overflow channel with LED lighting



Whirl jet



Super-flat air jet



Ergo+
2075x1075 mm

ERGO⁺: Premium

Only for the exclusive and multi-award winning ERGO⁺ bathtubs

Try it for yourself:

- Available as a Power Whirl + Air combined system
- 6–14 chrome whirl jets, depending on the model (layout may vary)
- 4–8 whirl jets for the back, depending on the model (layout may vary)
- Additional whirl jets for the feet in oval and square tubs
- 17–29 warm air jets in the base (entry temperature 40°C)
- Remote control, additional capacitive keypad on the rim of the tub
- +/- control and interval
- Ozonisation
- Optional water aeration by the blower
- Optimum hygiene thanks to semi-automatic system disinfection
- Residual water drainage
- Dry-run protection and fully automatic final drying of air system
- Exclusive accessories, e.g. InvisibleSound, vital station, light pack with 2 or 4 LEDs and LED channel lighting with automatic colour changer, electric heater



Ergo+
2000x1600 mm

Reviva II: Comfort

Whirl in a classical way

The Reviva II whirl system by HOESCH offers a variety of possible combinations, which relax, invigorate and revitalise specifically. Depending on the whirl system you choose, you will get a model with up to eight whirl jets or up to 23 sparkling air jets, also equipped with white LED spotlights or, in combination of both types of jets, with coloured lights. Get a champagne experience at home.



AIR



POWER



WHIRL



POWER + AIR

Make use of the exciting range of variations

HOESCH offers the classical Reviva II whirl system in four different versions: as plain Venturi whirl system, it contains rotating whirl jets, back and foot massage jets, that work according to the Venturi principle by supplying air through low pressure. Even more powerful and stronger effects are achieved by the whirlpower system, that uses a refreshing air and ozone mixture. The whirl intensity can be individually adjusted. With its numerous ergonomic air jets, the air system is suited for a more sustainable recovery of the whole body. For those who wish even more powerful and stronger effects, the whirlpower plus air system is the ideally combined solution. Let invigorating bubbles affect your body.



LED underwater spotlight



Remote control



Control panel on the tub rim



Thasos
1500x1000 mm

Back jets



Super-flat air jet



Rotating whirl jet



Feet jets

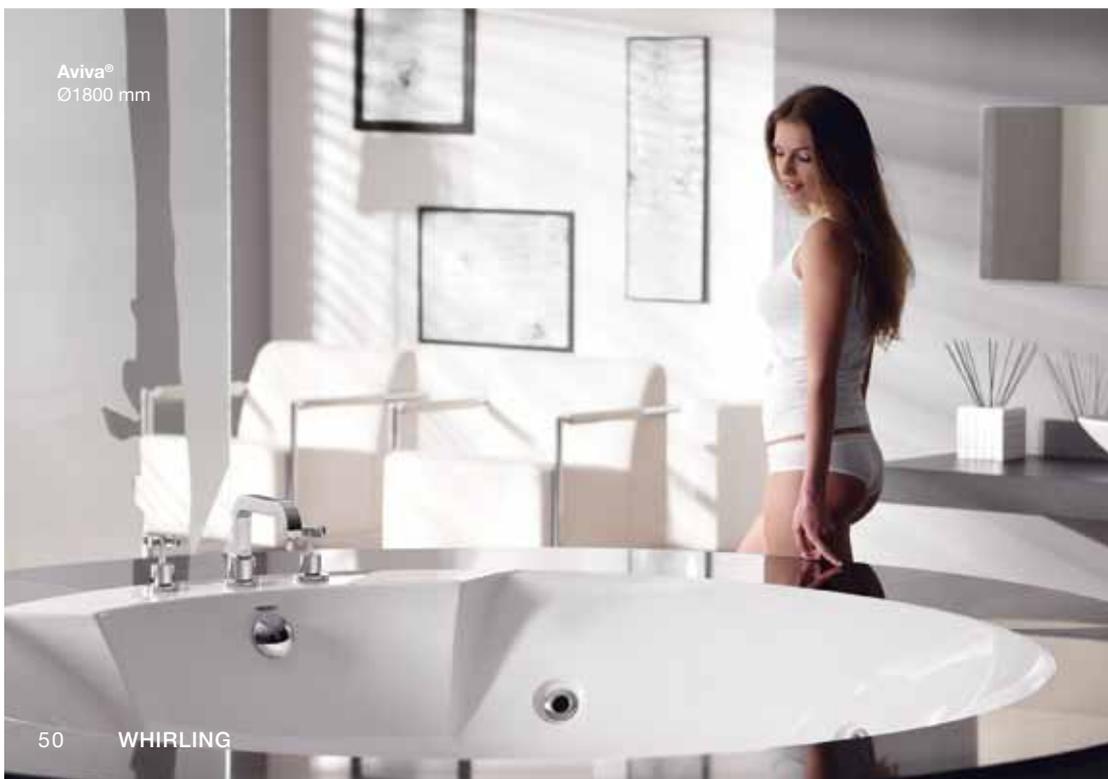


Reviva II: Comfort

A superior whirl system offering the perfect combination of wellness and hygiene

Try it for yourself:

- Available as an Air system, Whirl system, Power Whirl system and Power Whirl + Air combination
- Optimum water massage with up to 8 chrome rotating whirl jets (layout may vary)
- Additional foot and back jets fitted as standard with whirl system
- 12–23 warm air jets in the base (entry temperature 40°C)
- 2 LEDs with colour changer fitted as standard in the combined system, optional for all other models (2 white LEDs fitted as standard)
- Bidirectional remote control, additional keypad on the rim of the tub
- +/- control and interval
- Preheated, switchable aeration facility on the Power and Power + Air systems
- Optimum hygiene thanks to semi-automatic system disinfection
- Ozonisation
- Residual water drainage
- Dry-run protection and fully automatic final drying of air system
- Extensive range of accessories, e.g. InvisibleSound, vital station, automatic system disinfection, electric heater, HOESCH Combi Plus fitting



Aviva®
Ø1800 mm



WELLNESS TIPS

The best way to relax after long working days is the bathing time with gentle bubbles of whirl massage. Try it day by day!



Thasos Bath tub
1750×1100 mm
Thasos Shower unit
1800×900 mm

LAOLA II: Entry level

Discover the roaring whirl fun for yourself

Laola is the ideal solution for those who want to enjoy the whole experience of whirling without having to pay too high price. The standard equipment consists of up to eight Venturi jets and up to 23 air jets: air bubbles and strokes of water ensure a lively whirl bath. One LED underwater spotlight (white) is part of the standard scope of delivery. On request we can equip your whirltub with additionally four back and two foot jets. Start to regenerate with whirling every day.



AIR



WHIRL



WHIRL + AIR

Try it for yourself:

- Available as an Air system, Whirl system and Whirl + Air combination
- Optimum water massage with up to 8 adjustable chrome whirl jets (layout may vary), massage jet can be adjusted 15° by hand
- 12–23 warm air jets in the base (entry temperature 40°C)
- 1 white LED as standard
- Keypad on the edge of the tub
- +/- control and interval
- Ozonisation
- Residual water drainage
- Dry-run protection and fully automatic final drying of air system
- Accessories, e.g. InvisibleSound, additional foot and back jets, electric heater, HOESCH Combi Plus fitting



• LED underspot, white with controller

• Control panel on the tub rim



Thasos
1800x800 mm

Air jet



Whirl jet



TERGUM: Relief for your back

Ease your back pain with TERGUM and Tergum for two

Is your neck tense? Is your back feeling the effects of countless hours at your desk? Anyone who spends a long time sitting down can frequently suffer from back pain. With our TERGUM whirl system, back pain is a thing of the past. If you would like to relief yours and partner backs, try the Tergum for two. To be good to yourself and your back, you therefore no longer need a complete whirl system in your HOESCH bathtub – just use TERGUM.

Try it for yourself:

- 10 back jets or 20 back jets for Tergum for two
- Remote control
- +/- control and interval
- Preheated, switchable aeration facility
- Ozonisation
- Residual water drainage
- Dry-run protection
- Extensive range of accessories, e.g. InvisibleSound, 2 or 4 LEDs with colour changer, electric heater, HOESCH Combi Plus fitting





Putman
1900x1000 mm

Back jets



Largo
2000x1400 mm



Remote control



WHIRL INTO SHAPE! TRY OUR VALUABLE TIPS FOR HEALTHY BODY AND SKIN!

Find new strength at the end of a sporting day

Reward yourself with a hot whirl session after a long run around the lake or a workout in the gym. Your body has given its all; it is tired and needs rejuvenating.

A healthy form of regeneration is a good long soak in a whirltub. Not only does it pamper the senses, it also helps rejuvenate your body. The delicate interplay between air and water massages the skin and muscles. Tension is released and the flow of blood through your body tissue improves. Minor injuries and developing muscle stiffness heal more quickly.

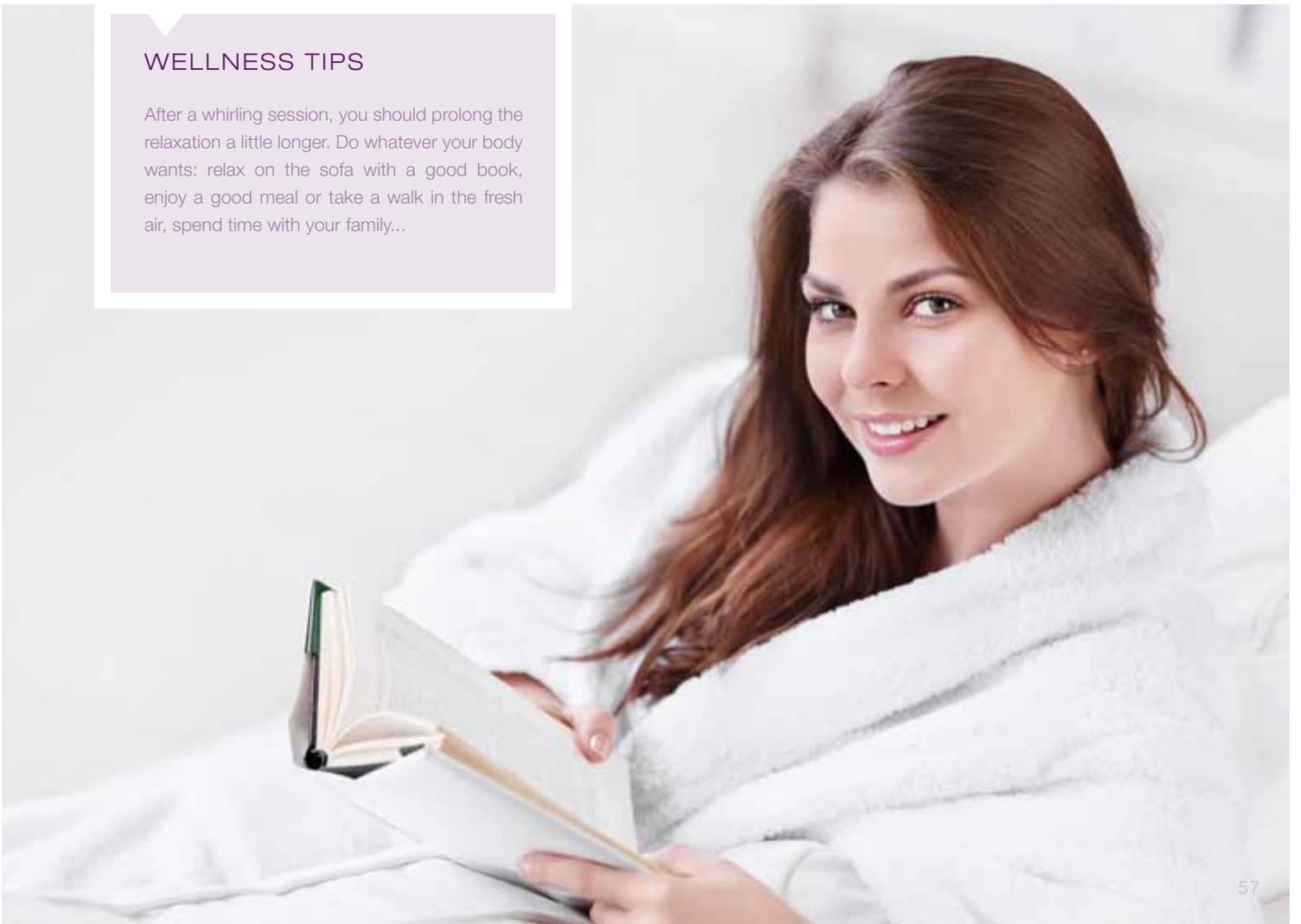
The health-giving effect gently envelops your body and rapidly restores you to the peak of your powers.





WELLNESS TIPS

After a whirling session, you should prolong the relaxation a little longer. Do whatever your body wants: relax on the sofa with a good book, enjoy a good meal or take a walk in the fresh air, spend time with your family...





WELLNESS TIPS

Honey has strong antiseptic, cleansing and moisturizing properties. With the honey mask your skin becomes healthier, more flexible and beautiful.

Soothing and moisturizing honey mask:

1 tablespoon honey, 1 egg, 1 tablespoon of dried flowers of chamomile, 2–3 drops of essential oil of your favorite aroma. Heat the honey (e.g. by immersing it in a glass of warm water). Put a warm honey, an egg protein, chamomile and oil into a bowl. Mix until you have solid mass. Apply to the face, avoiding the eye area. Rinse off the mask after approx. 15 minutes.

Stay young – inside and out

After a bubbly session in the whirltub you will feel like a new person.

In addition, your skin will look younger and fresher. Whirl bathing promotes blood flow and drains away tension from the body's tissues. As the flow of blood to the skin improves, so too does its appearance. Your body revels in the warm soothing effect of the water and releases hormones that boost contentment. Try and feel great in your skin – and it will show.

Gently counteract the rigours of winter

In winter, the body craves rest, relaxation and warmth.

The ideal place to find all these things is in the bathroom, above all in a whirltub. The hot water warms the body and the steam pampers your skin and the mucous membranes in your mouth and nose. The bubbling water helps distribute the healthy bathing additives that are also absorbed into your body as you breath. The irresistible massage imparted by the water jets stimulates the circulation and regenerates the body, increasing its resistance. Intensify the wellness effect with skin-moisturising foam baths by HOESCH.

The aroma of lavender, cajeput oil and mandarins, or cloves and honey helps you relax even more. When you finish your bath, your skin will feel wonderfully relaxed and warm.

A fabulous way of enjoying a cosy evening and a refreshing night's sleep. It is particularly important to sleep well in winter and whenever you feel a cold coming on. Enjoying regular whirl bathing is not just a way of pampering your mind and body; it actively prevents you from catching a cold.



WELLNESS TIPS

Cranberry warming tea:

Ingredients for 4 servings: 3 liters of water, 2 pieces of cinnamon bark, 2 squeezed oranges, 2 squeezed lemons, 12 cloves, 300 g cranberries, 2 cups of sugar.

Method: Boil cranberries in water with low heat for 30 minutes. Lemons and oranges should be squeezed. The juices put into a pot with cranberries. Add the sugar, cloves and sticks cinnamon. Cover and infuse for 1 hour.



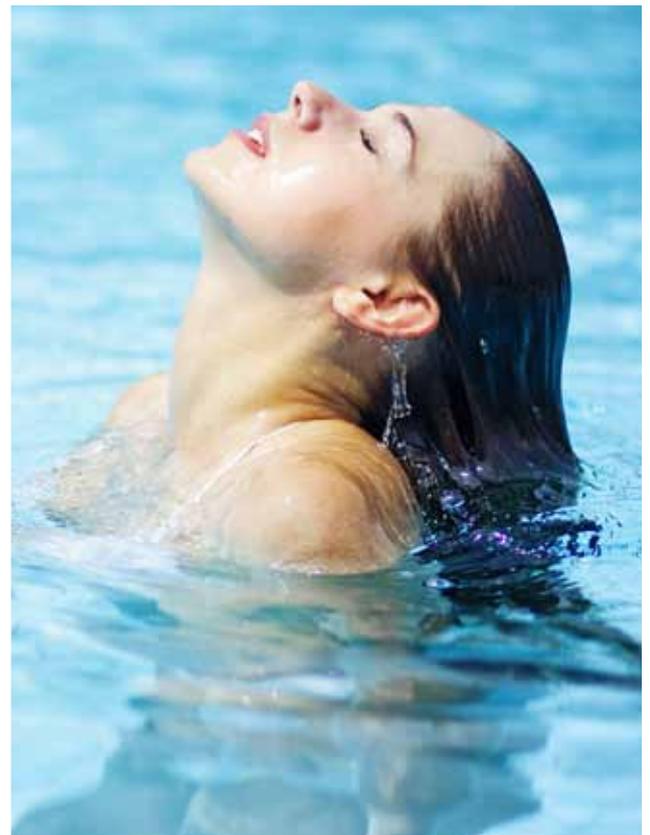
KEY FACTS AND TIPS ABOUT WHIRLING

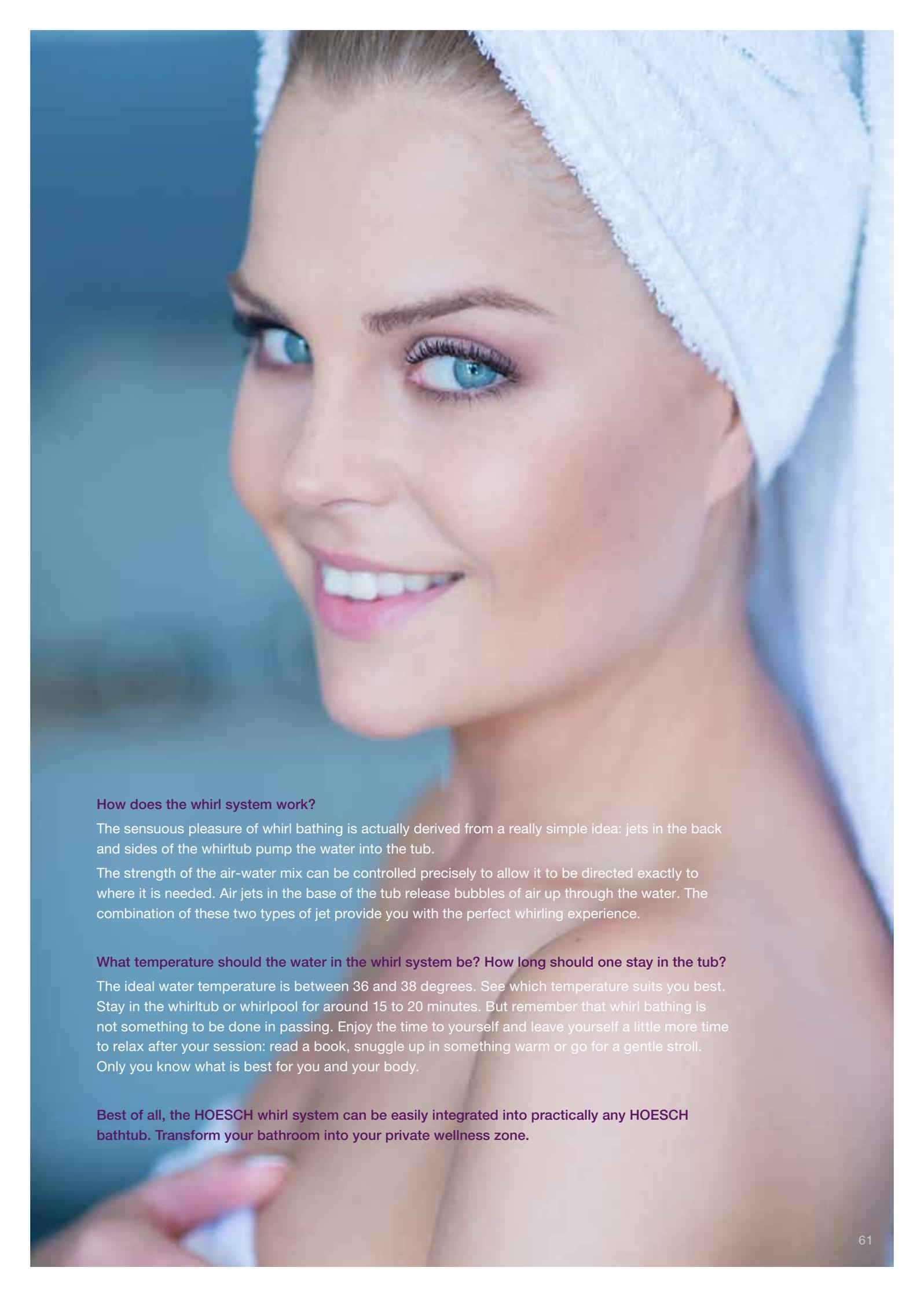
In what way is whirl bathing good for our health?

Whirling is healthy, especially if you enjoy it regularly:

- It cleanses your skin.
- It relaxes your muscles.
- It massages your connective tissues.
- It improves circulation.
- It stimulates your metabolism.
- It boosts the immune system.
- It relieves the symptoms of colds.
- It warms the body more quickly and more gently than a normal bath, as the flow of water improves the way the heat acts on the body.
- It relieves back pain and tension.
- It calms the nerves and relaxes mind and body. Regular whirl bathing makes our everyday lives less stressful.
- It helps our bodies regenerate themselves: minor injuries and muscular cramps heal more quickly and more efficiently.
- Special jets allow the flow of water to be used for foot reflex zone massages.

As in a normal bathtub: take care if you bleed easily or suffer from heart or circulatory problems.





How does the whirl system work?

The sensuous pleasure of whirl bathing is actually derived from a really simple idea: jets in the back and sides of the whirltub pump the water into the tub.

The strength of the air-water mix can be controlled precisely to allow it to be directed exactly to where it is needed. Air jets in the base of the tub release bubbles of air up through the water. The combination of these two types of jet provide you with the perfect whirling experience.

What temperature should the water in the whirl system be? How long should one stay in the tub?

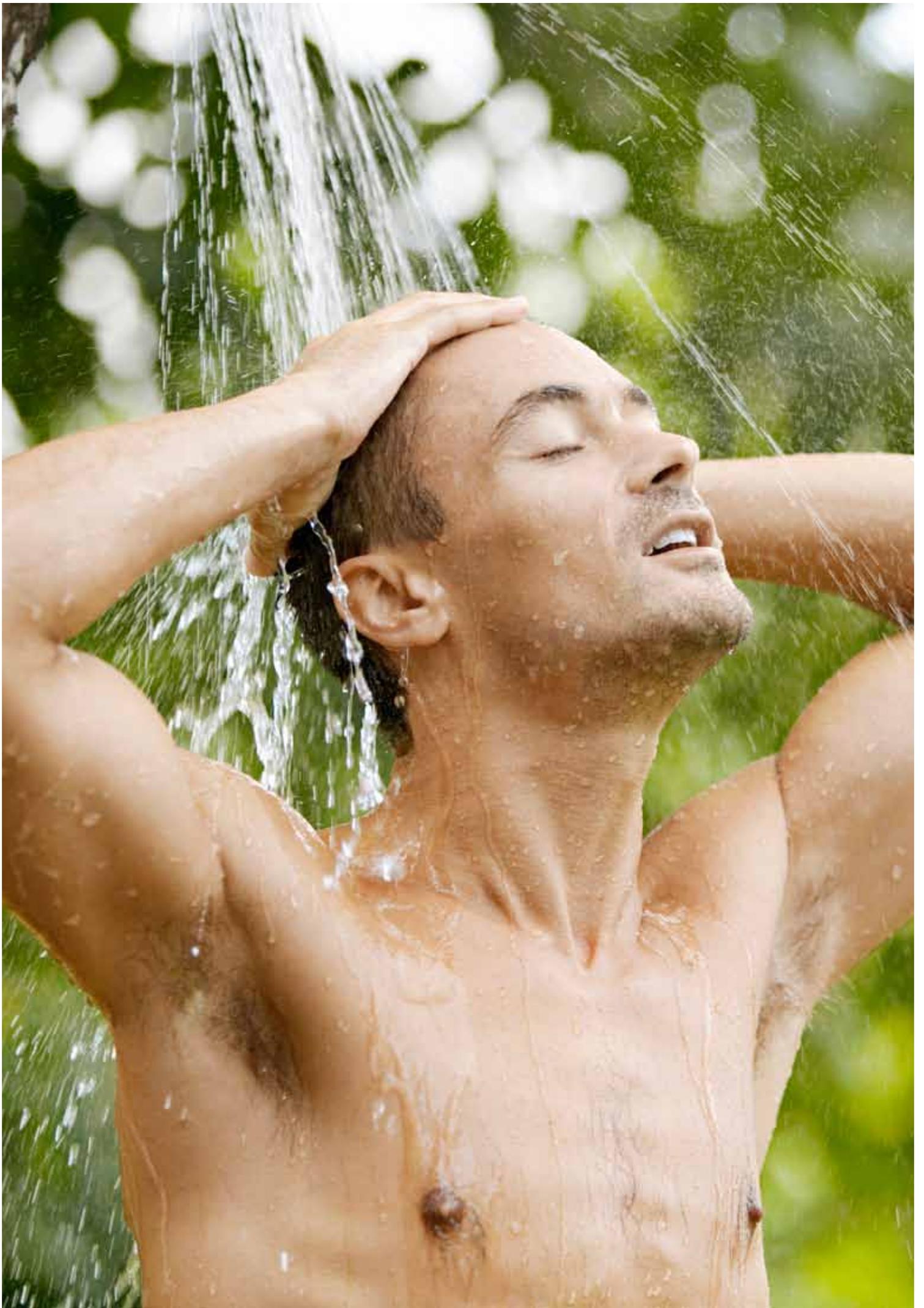
The ideal water temperature is between 36 and 38 degrees. See which temperature suits you best. Stay in the whirltub or whirlpool for around 15 to 20 minutes. But remember that whirl bathing is not something to be done in passing. Enjoy the time to yourself and leave yourself a little more time to relax after your session: read a book, snuggle up in something warm or go for a gentle stroll. Only you know what is best for you and your body.

Best of all, the HOESCH whirl system can be easily integrated into practically any HOESCH bathtub. Transform your bathroom into your private wellness zone.

showering

MORE THAN JUST
A REFRESHING
EXPERIENCE...

SHOWER

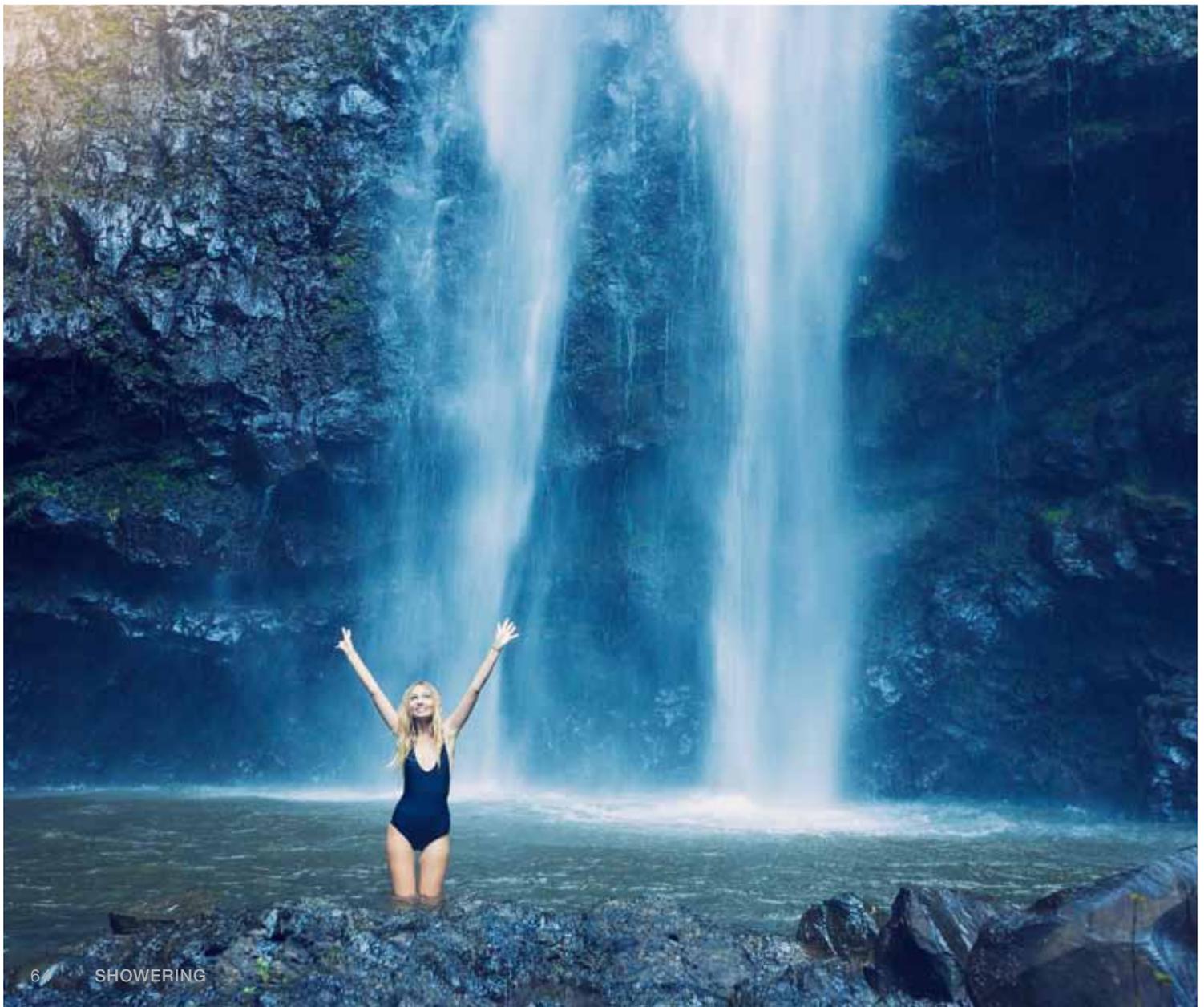


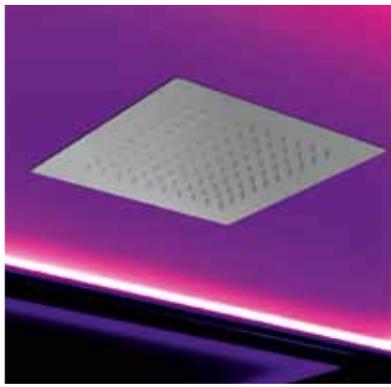
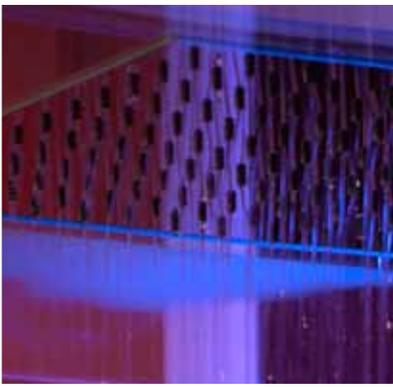
MAY WE INTRODUCE? THE QUEEN OF RAPID RELAXATION

A warming energy source

Whether it's in the morning to wake up, in the evening to recover or at any time of day to relax or warm up: leaping into the shower is simply good for us, body and soul. The hot water warms our bodies, releasing painful muscle cramps as it patters down on us. Contrast showers are particularly good for you: cold water stimulates the blood supply, tightens the skin and strengthens the immune system. It gets your circulation going!

When we take a shower, our body produces the "happy hormone" endorphin, and our mood lifts noticeably. It's no surprise that many people spontaneously burst out singing when they are in the shower. Turn the music up and treat yourself to a good-mood shower, with higher energy levels and a greater feeling of wellbeing all included!



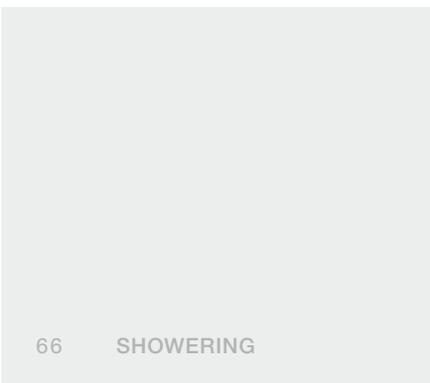


A feel-good dream for discerning minimalists

Close your eyes and luxuriate in a shower, as warm and gentle as summer rain on your skin. The harmonious design and real glass give a feeling of unlimited freedom. The clever wellness functions mean that pleasure in your shower is guaranteed, while the EverClean coating on the surfaces keeps them looking good for longer. With such a wide range of models available from HOESCH, there is bound to be the right wellness solution for any size of bathroom and any lifestyle. You can create your personal dream shower!



SensaMare Delight
1700x1160 mm





SensaMare Delight

The crowning glory in any private wellness oasis: the SensaMare Delight shower cabin, with back jets, a hand shower, glass cabin roof with built-in rainfall shower head and atmospheric lighting including colour changer.



Ciela
1700x900 mm

Ciela

Pure showering pleasure: the design of the Ciela shower cabin has been deliberately reduced to a very simple, extremely high-quality real glass cabin with built-in rainfall shower head.



Ciela
1700x800 mm



Thasos
1600x900 mm

Thasos

Whether you prefer the XXL format or the niche or corner version, with so many different models in the Thasos range, there is one for every bathroom. Really stylish side jets and a rainfall shower head provide a pampering experience for body and soul.



Thasos
1700x900 mm

HOW SHOWERING BOOSTS YOUR VITALITY AND BEAUTY

For most people, showering is part of their daily hygiene routine. The warm water seems to make all the little problems of everyday life disappear, leaving you with a feeling of cleanliness and simply "being". A shower can do much more, too: you can use that jet of water specifically to boost your health. It strengthens your immune system and stimulates your blood supply, so that you feel fitter, and your skin is tauter and looks younger. We can show you how this works.

Invigorating contrast showers

The key to good health and tauter skin: contrast showers. Try switching between hot and cold water as you shower. Admittedly, turning on the cold water is a challenge, especially during your warm, comforting morning shower, but it's worth it: contrast showers are invigorating, improve your circulation, strengthen your heart, improve your performance and boost your body's natural defences. Your tissues become tauter, helping your skin to retain its youthful beauty. Initially, that first jet of cold water will perhaps be a bit of a shock and make you gasp, but after your contrast shower you will be rewarded with a feeling of inexplicable vitality and strength. The very best way to start the day.

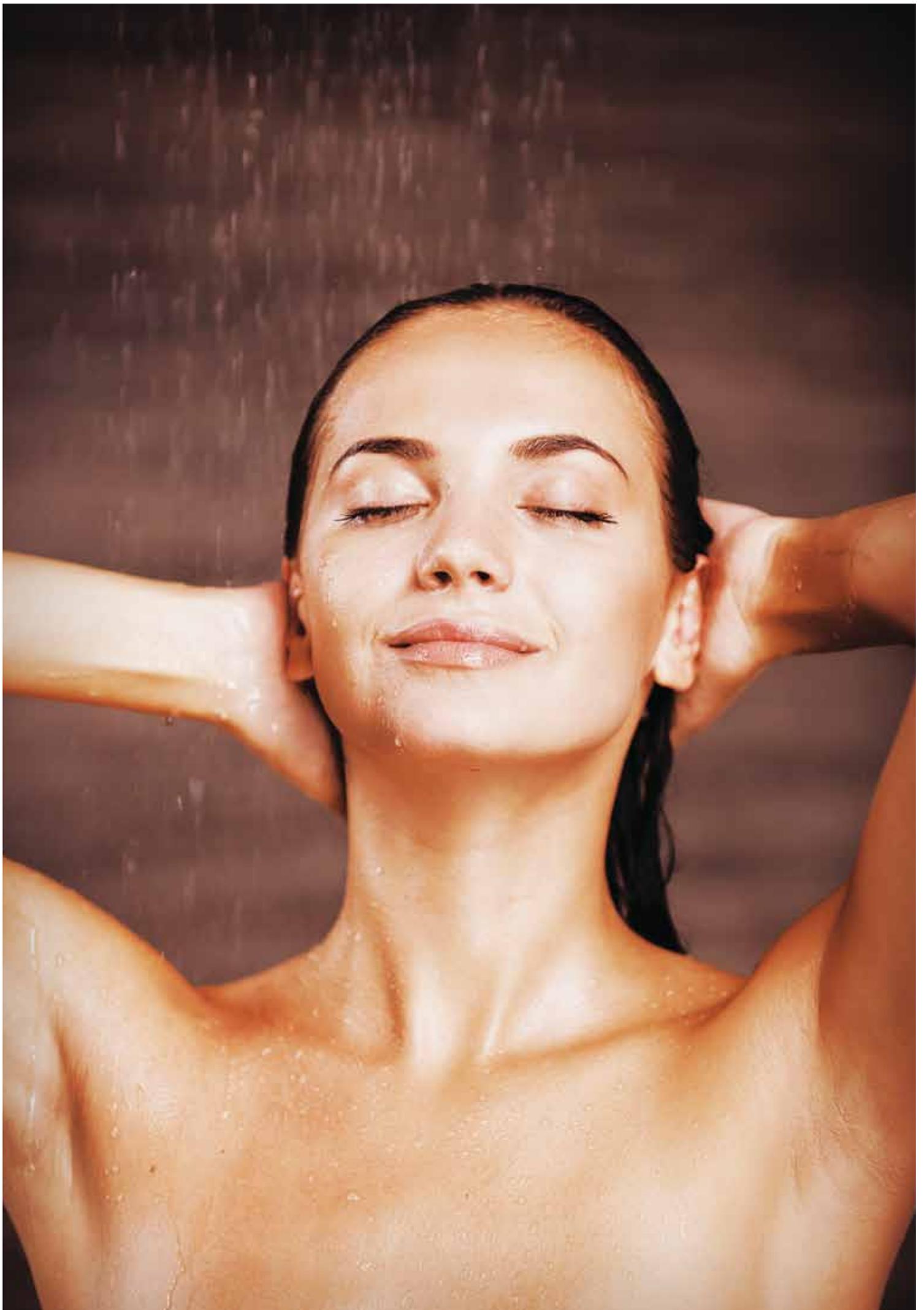
Here's the best way to use alternating water temperature: start with hot water. Enjoy the warmth for a few minutes and really warm your body up. That's the easy bit. Then change to cold water for one minute. Beginners are allowed to use lukewarm water. Start by turning the cool water on your limbs. First spray your legs, one at a time from your foot all the way up, and then your arms from your hand to your shoulder. Then rinse off your stomach, chest, neck, back and face with the cold water. Now you have completed the first cycle and can enjoy the warm water again until your body has warmed up. Then repeat the procedure with the cold water and finish your shower with cold water.

Stimulating massage

Our second tip for wellbeing and beauty is massage. Many showers nowadays incorporate back jets. That's a real bonus for your health. The pressure, going from gentle to quite powerful, and combined with wonderful warmth, releases tension in your neck and back. By using a handheld spray, you can target specific areas that are painful or cramped.

Massaging with a special brush not only loosens tense areas of your body but increases your overall physical wellbeing. The brushing stimulates the blood supply to the skin and helps it with removing toxins. Dead skin cells are easily removed. Massaging warms the skin, making it silky soft.

So here's how to do it. Because a massage is very invigorating, you should do it in the morning. Use a soft brush with natural bristles or a sisal massage mitt to massage your whole body before or during your shower. Start with your legs. Use long stroking movements and gentle pressure to massage both legs from the foot right up to the top, followed by your arms. It's best to use circular movements to massage your stomach, bottom and chest. Make sure that you always stroke towards your heart. Be sensitive in handling your body: don't apply too much pressure but massage gently yet firmly.



KEY FACTS AND TIPS ABOUT SHOWERING

In what way is showering good for our health?

Warm showers and contrast showers have a noticeable effect on our body and our mood:

- You can feel how the hot water releases tense muscles.
- Showering puts less strain on your circulation than taking a bath.
- Contrast showers stimulate the circulation, strengthen the immune system and make skin tauter.
- Massaging with brushes or special massage mitts activates the blood supply and the body's natural detoxing process and removes dead skin cells.
- You will feel fresh and invigorated.

Does showering help reduce stress?

Showering is part of our daily feel-good routines. As well as being a time for washing and caring for your body, an enjoyable shower in the morning can be a time when you can concentrate entirely on yourself. It is the ideal way to start the day feeling calmer, and do yourself some good first thing in the morning. Then you are well-prepared to cope with the stress and hurly-burly.





One&One
1600x2100 cm

What temperature should the shower water be? How long should one stay in the shower?

A temperature of 37 to 38 degrees is perfect for a shower. Water that is too hot attacks the skin's natural protective layer. Staying in the shower too long also dries the skin. So a shower should last no more than five minutes.

What kind of skincare products would you recommend?

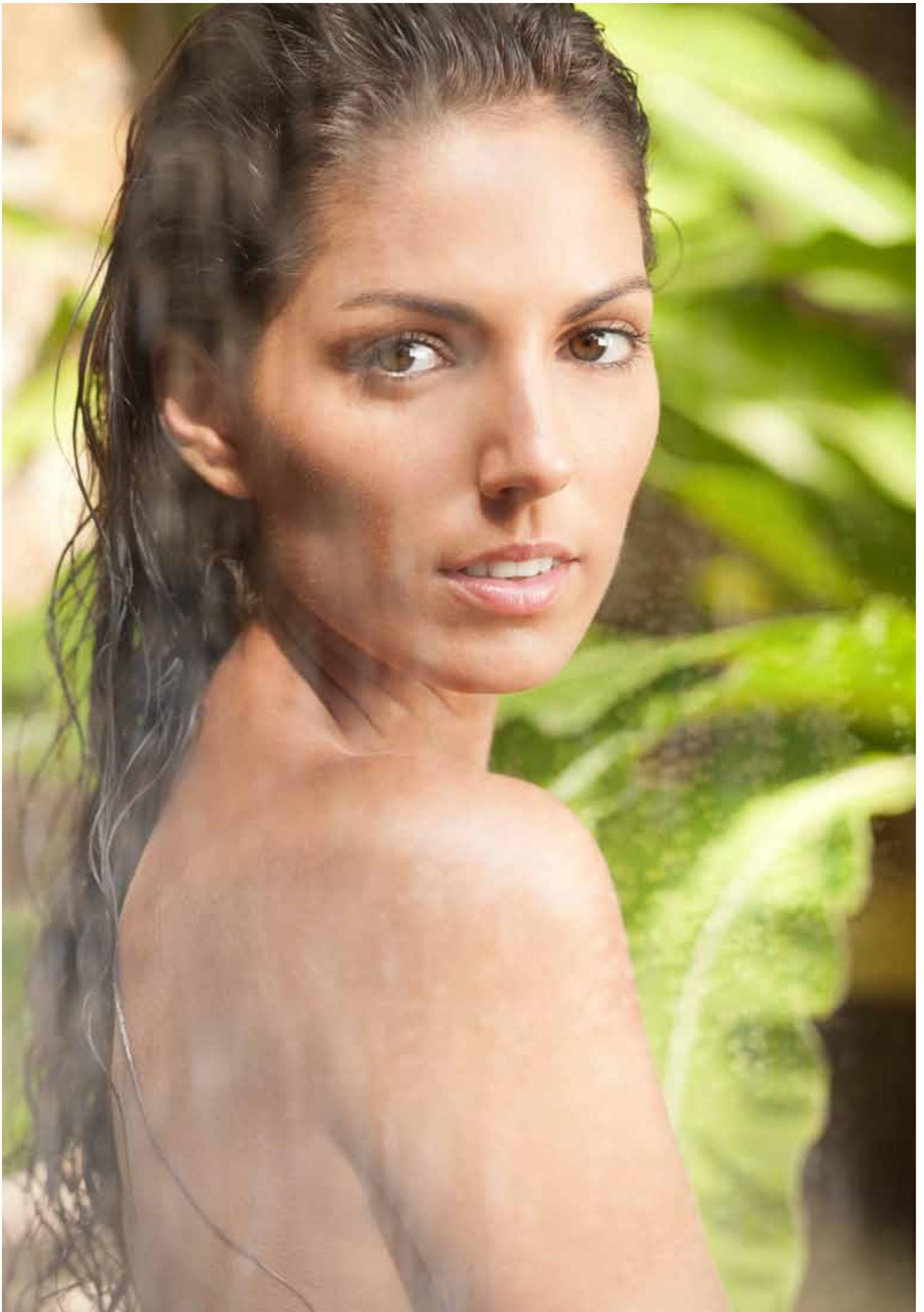
Especially if you have dry or sensitive skin, you should not put the naturally acidic protective layer of your skin under additional strain by using aggressive skincare products. Even the best product is not as good as your skin's natural protective layer. Make sure that shower gel has a pH value between 7 (neutral) and 5 (acidic). Shower oils and creams are also highly recommended. For example, you should only use shower gel under your armpits or on your feet, i.e. on parts of your body that need cleaning because of sweat or dirt. For the rest of your body, cleaning with water is quite sufficient.

WELLNESS TIPS

Properly selected shower gel lets to cleanse your skin during showering, without causing dryness. The physiological balance of the skin guarantees its healthy appearance and smooth and soft surface. Simple operation, which is the washing of the skin in the shower can also be a moment of rest and relaxation, or act refreshing and energizing, thanks to aromatic extracts, such as lemongrass extract, cucumber, green tea, grapefruit and ginger.

steaming & showering

BANISH STRESS
IN YOUR PERSONAL
STEAM PARADISE...



A WELLNESS ENTICEMENT WITH A LONG TRADITION

A thoroughly modern enticement

Steam baths are the absolute latest in a comfortable wellness experience. Instead of having to pour water onto hot stones to produce steam as in the old days, in a modern bathroom this is now simply done at the touch of a button. The steam bath is now often just part of the shower and can quickly and easily become part of your own home. Aromatic supplements, atmospheric lighting and rainfall shower heads complete the wellness experience.

The modern steam bath: pure luxury in your own home.



SenseSation
1200×900 mm
1550×900 mm

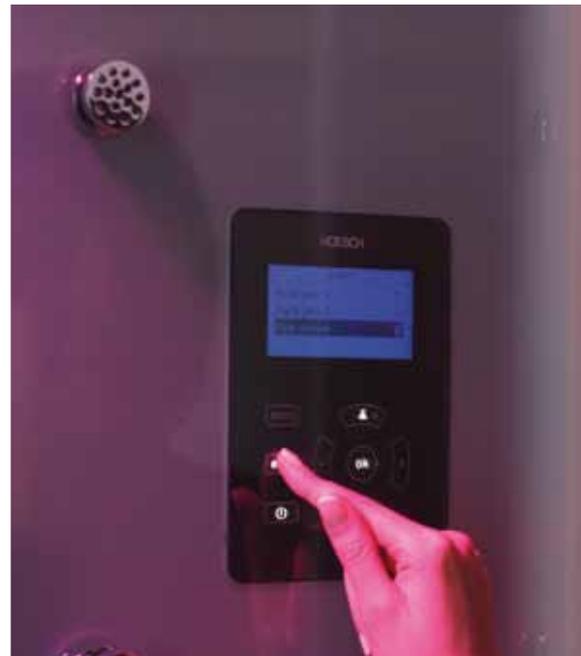


SenseEase
1200×1000 mm

STEAMING & SHOWERING

Combine the pleasure of a steam bath and a shower in your own bathroom

Two in one: HOESCH steam baths combine the functions of a shower with those of an exclusive steam bath, conveniently in a single product. Enjoy all the health benefits of a steam bath and shower. And all that in an area of little more than one square metre! That means the luxury of a steam bath can even be incorporated into a smaller bathroom. Pure pleasure, in a feature that every bathroom should have.



”

Water, especially the sea, opens our minds, eyes, the curiosity...
The water gives us strength, energy and culture.

Fabrizio Plessi



Scent extracts

Made from select essential oils, they enhance the effect of any steam bath, turning the steam pleasure into an even more sensuous experience.

- Vanilla
- Sauna aroma
- Rose
- Lemon grasslemon balm
- Pine
- Eucalyptus
- Mint
- Lemon grass
- Sandalwood
- Carnation-Honey
- Musk
- Cajeput



Find out all about our versatile steam products

Steam baths, showers and side jet showers, with lighting or aromatherapy, just for you or with a friend, sitting or standing – relaxation knows no limits in a HOESCH steam cabin. Be amazed by the huge range of functions. Whether a small bathroom or a spacious wellness complex within your own four walls, the versatile cabins fit in everywhere and work wonders for your sense of wellbeing. Choose from a wide range of models: from space-saving to spacious, from compact entry-level models to luxurious all-inclusive versions – they are without exception transparent and elegant. Even if you just want to transform your existing shower into a steam bath, HOESCH will have exactly what you need. Browse through the following pages to discover more about our versatile steam cabins.

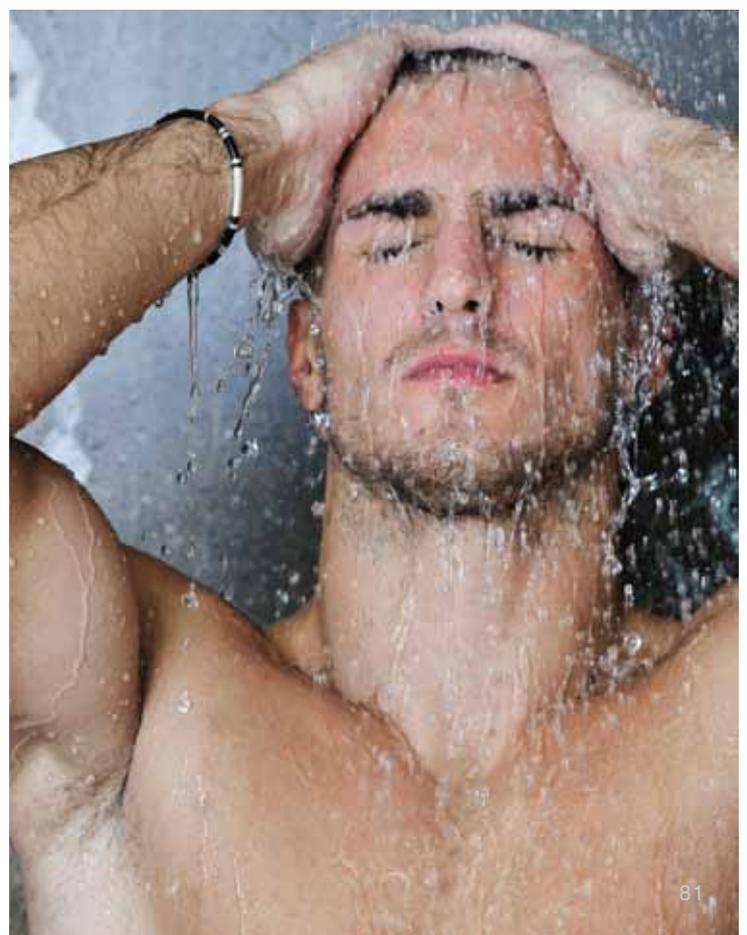




SensePerience
1400x1000 mm



Elegant design grip



SENSESATION: HighEnd

Find inspiration to all your senses

Sensationally sensual: the multifunctional SenseSation certainly is the highlight among the steam cubicles by HOESCH. In a luxurious ambience, the moist, hot steam clears away the stressful discomforts of the body and the depressing worries of the mind. The transparent front made of real glass invites for an unforgettable journey into the world of well-being, intensely stimulating all senses. You alone determine via the user-friendly panel how this adventure will go on. The integrated rain shower, the eight nozzles for the back, as well as the hand shower and Kneipp hose will quickly provide for your physical well-being, which will last for days. While the water vapour effects its full action, other extras contribute to an optimistic mood. When calming music is in your ears, when changing light colours positively stimulate you and essential scents please your nose, there is nothing left to do than simply relax. Sensationally indulge your senses and feel it with every cell of your skin.



SenseSation
1200×900 mm
1550×900 mm



SenseSation
1350x1350 mm



SenseSation 4.2/6.3 kW
2110x864 mm



SenseSation
1200x1200 mm
1350x1350 mm

SENSEPERIENCE: Premium

The SensePerience steam shower cabin is the ideal connection of steaming, showering and relaxing. Perfect in every way: entirely transparent, allowing complete freedom of movement, just one or two narrow function columns which fit neatly into the cabin.

The clue is in the name: SensePerience brings you a whole new experience for all your senses. Let this feel-good experience work its magic on you. Just take a seat on the stylish but comfortable black stool and close your eyes. With the warm steam rising around you, gentle music coming from the built-in speakers and the fascinating play of light dancing around you from the light system in the glass roof, it's really easy to relax. A lovely shower of warm water from the rainfall shower head and six adjustable back jets round off your sensory experience in the SensePerience. Exclusive steam showering, with no compromises.



One stool made of stainless steel with PU seat supplied as standard, for the rectangular version 1600x1000 mm and 1800x1000 mm two stools.



SensePerience
1200x1000 mm
1400x1000 mm

Also available
in other shapes:
Square
1000x1000 mm
Quarter circle
1000x1000 mm



SensePerience
1000x1000 mm



SensePerience
1600x1000 mm
1800x1000 mm

SENSEEASE: Comfort

Complete recreation in a compact way

Simply practical: the steam/shower bath SenseEase is ideal for revitalising relaxation when there is not enough time for longer steam pleasure. Inside the elegant shower cubicle there is an ergonomic PU folding seat, discreetly offering to sit down. Treat yourself to a few minutes of rest with a gentle overhead rainfall shower. Before the compact recreation program starts, you can set individual functions with the tip of your finger via the control panel. Surrounded by soft steam, you can shortly relax and unwind while the easing effect of the water passes on from the tensed back to the whole body. When you listen to your favourite music from the integrated MP3 player and when the light with the built-in colour changer puts you in a harmonic mood, you will be quickly able to regain the balance you lost in the course of the day. Relax in a simple and practical way.



STEAMSET: Entry level

Enter into steaming pleasure

If you are about to furnish your bathroom and at the same time want to make the first steps into the world of wellness, HOESCH helps you with the specially compiled SteamSet. This plug-in beginner's solution is a practical complete set, consisting of a powerful 3.3 kW steam generator of the latest generation, a transparent real glass enclosure in two sizes to choose from and a matching domed roof made of highquality acrylic. The easy installation of the set which does not require permanent water connection but can be filled manually, facilitates the entry into the kingdom of steaming. Even a small bathroom can so become a magic place beyond its spatial limits, where your physical and mental well-being has its pristine origin. Efficiently alleviate stress from the very beginning.



Elegantly designed: the new steam generator (3.3 kW)



SteamSet
1200x1000 mm

STEAMBOX: Professional

Rely on the new SteamBox

If you like to set up a fully-fledged steam bath without larger installation effort and with small structural changes, then the plug-in solution SteamBox 3.3 kW is the best solution: simply retrofit and/or upgrade the new or already existing shower cubicle with the SteamBox 3.3 kW and the attached accessories (steam nozzle and steam hose). Your dream of an individual steam bath may come true with the SteamBox in its more powerful variants (4.2–18 kW). With four different power levels it is suitable for all imaginable room conceptions and dimensions. Enjoy the handling without any difficulty – starting with the operation via the external touch display to individually adjust start times and/or running times to the automatic decalcification. Enhance this experience with the optional LED light therapy and a special blower, which allows an even denser vapor image. Let steam have its full effect.

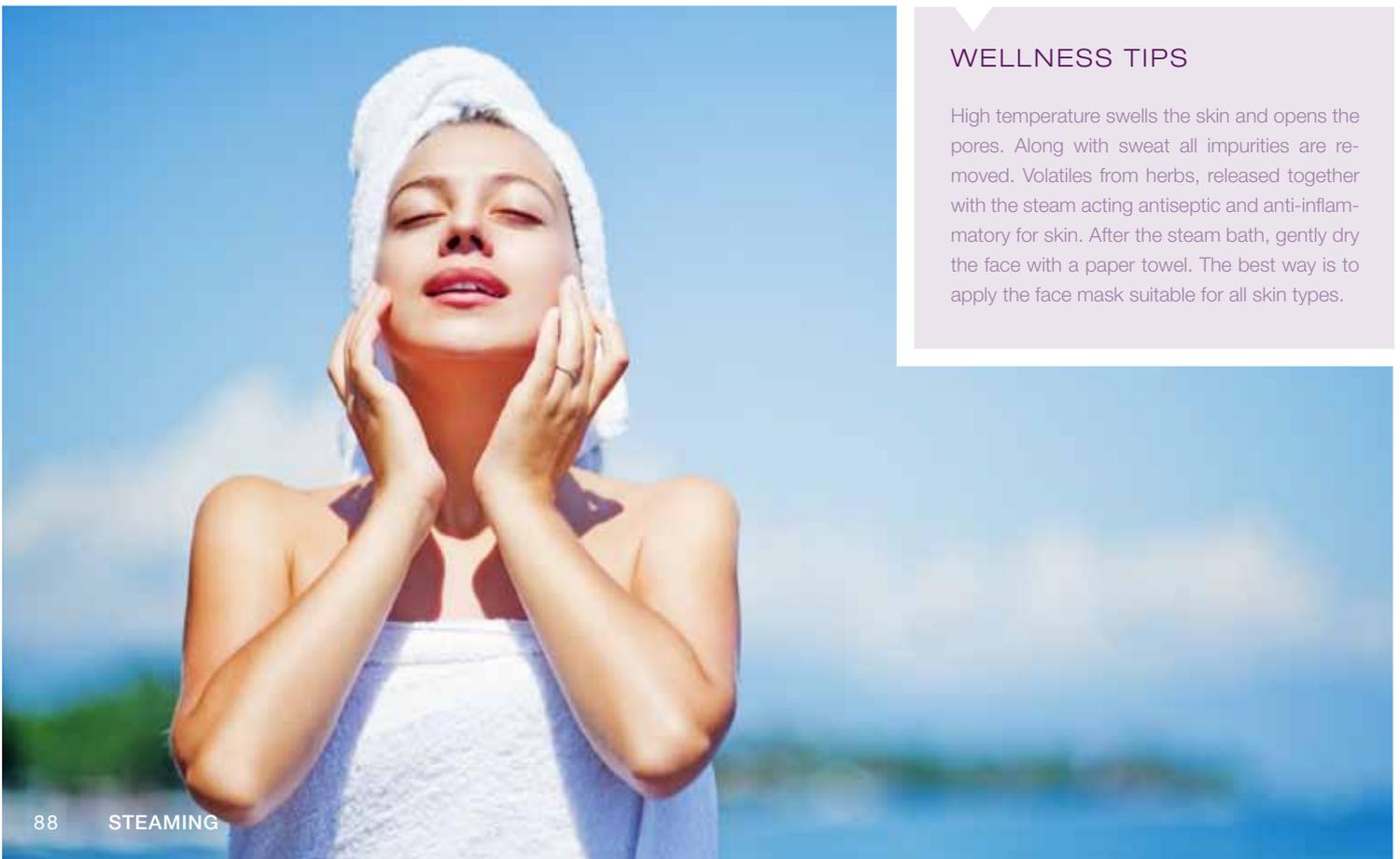
Control panel, all functions simply by finger tip

Permanently installed generator (4.2–18 kW)



Nurture the beauty of your skin

Soft, beautiful skin – something we all dream of. Steam baths are the answer to skin problems, regardless of whether the skin is dull, dry, rough or blemished: they work small miracles in keeping skin beautiful. The moist heat of the steam stimulates the flow of blood through the body. The result: the skin receives more nutrients and takes on a fresh, rosy hue. The relatively low temperatures slowly and gently enlarge the blood vessels. The heat also causes the pores to open, helping the skin clean itself. A final cold shower revitalises the spirits and keeps the skin in good condition. Your tissues are strengthened and your skin becomes tauter. Now apply a cleansing lotion to put the finishing touches to your steam bath. Your skin will appear in a new light – tauter, softer and cleaner.



WELLNESS TIPS

High temperature swells the skin and opens the pores. Along with sweat all impurities are removed. Volatiles from herbs, released together with the steam acting antiseptic and anti-inflammatory for skin. After the steam bath, gently dry the face with a paper towel. The best way is to apply the face mask suitable for all skin types.

Use the steam bath as a counterweight to sport and stress

Relaxation is the key to inner harmony, health and better performance in sport and at work. Regeneration of the body is vital, especially after an intensive training session or a stressful day in the office. Relaxing is child's play if you have access to a steam bath, as a steam bath gives the body a chance to recover and refuel. Comfortable seats in the steam cabin help you enjoy the hot steam without a care in the world. Your mind becomes calmer, the stress falls away and you simply leave the everyday behind you. The heat of the steam releases tension and stimulates the flow of blood through the muscle tissue. Minor injuries or the first signs of cramp after training disappear more quickly. The trained muscles start to show the benefit. Your metabolism is stimulated and your performance improves. After the steam bath you can face the day again with more energy and drive.



SenseEase
1000x1000 mm

Spoil all your senses

To relax totally means to relax all five senses. That is why HOESCH steam cabins are luxurious down to the smallest detail and equipped with a host of smart functions. Just you, your senses and an all-embracing sense of wellbeing. The hot steam brings out blissful sensations in you. Rejuvenation as it should be. Sensational and unbelievably sensuous.



Close your eyes and make contact with the delicate stimulus of your skin. A warm mist envelops your body. A pleasantly moist and warm sensation prickles your skin. Consisting of millions of silky-smooth drops of water, the hot steam gently strokes you, its moistness feels agreeable on your skin and penetrates into your nasal passages. Take a deep breath. The soft seat covering and the clear, smooth cabin glass meet the highest wellness expectations.

Our hearts leap when the sun shines in our faces. Not surprising, as light has a therapeutic effect on our wellbeing. Combine light with the right colours and certain emotions can be evoked. A different mood to match the colour: blue reassures and pacifies. Green reassures and relaxes. Red is a stimulant, it warms you up and gets the circulation going. Yellow liberates, excites and lightens the mood. Enjoy the bath in hot steam and coloured lighting. Look forward to its sensual effect.



HEARING

Being able to relax without atmospheric music is hard to imagine. Music is able to lift our mood or transport us to another world in a matter of seconds. HOESCH knows this only too well, which is why your steam cabin is already fitted out with a sound system consisting of an MP3 player and radio. Choose your music to match your mood. Close your eyes and let the sounds wash over you – gentle and relaxing or dynamic and revitalising. The choice is yours.



SMELL

Combine your steam bath with a soothing aromatherapy session. The fragrances increase the effect of the hot steam and arouse positive emotions. The result: more tender care for the body and an even more sensuous steam bath. HOESCH fragrances are made from select essential oils. To release their aroma in the humid atmosphere, just let a couple of drops fall onto the steam jet reservoir: use them if you feel under the weather, need a bit of a lift or more energy, to relax or to rejuvenate yourself.



WELLNESS TIPS

Liquid therapy with Mojito non-alcoholic drink:

Ingredients for 3 glasses: 700 ml Sprite, 2 limes, 1/2 lemon, 1 handful of fresh mint, ice cubes.

Preparation: Put the limes and lemons in boiling water. Cut the limes (1,5 pcs) into quarters. Squeeze the juice of half lime into a glass. Cut the lemon into slices. Put the ice cubes (approx. 1/3 cup capacity) to each glasses. Put the mint leaves and slices of lemon and limes into the glasses and pour Sprite to fill the glass. Enjoy your drink!



TASTE

Round off the sensuous experience of a steam bath by spoiling your taste buds. You should drink a lot before and after your steam bath to replace the fluids your body loses. Take the opportunity to spoil your body, in particular your tongue, with our tasty cucumber drink. A cold drink is most welcome after a hot steam bath and provides your body with plenty of fluid and vitamins.

KEY FACTS AND TIPS ABOUT STEAM BATHING

Why is a steam bath good for you?

A steam bath is not as hot or as dry as a sauna, for example, and therefore does not put quite so much strain on the circulation. The hot steam also has many positive benefits for your health:

- The moist heat relaxes the muscles and relieves cramp.
- The steam bath provides relief from pain and rheumatic illnesses.
- It stimulates the metabolism and the circulation. Your cells benefit from more oxygen and nutrients.
- Tenseness is eased and the body is able to relax.
- The steam bath strengthens your tissues.
- It lowers high blood pressure.
- The body is detoxified.
- The humidity softens the skin, while the heat opens up the pores.
- The skin is flushed clean. It becomes softer and more attractive.
- The steam bath helps reduce skin inflammations.
- The gentle steam pampers the mucous membranes in the airways. Cold symptoms, hoarseness and inflammation of the nasal cavities and frontal sinuses are all alleviated.
- The change between hot steam and a cold shower boosts the immune system.
- The steam bath soothes the nervous system and relieves stress. Afterwards, you feel completely at ease, at peace and relaxed.





SensePerience
1000x1000 mm

What do I need to be aware of when taking a steam bath?

Experts recommend that you do not take a steam bath immediately after sport or any other similarly strenuous activity. It is better to let your body temperature return to normal first. You should also have a quick shower before going into the steam bath – with the HOESCH steam-shower combination you can enjoy both very easily in the same cabin. Dry yourself thoroughly; your body is now ready for a refreshing steam bath. Drink plenty of liquid before and after the steam bath, as sweating will cause your body to lose a lot of fluid. The best drinks are either mineral water or tea.

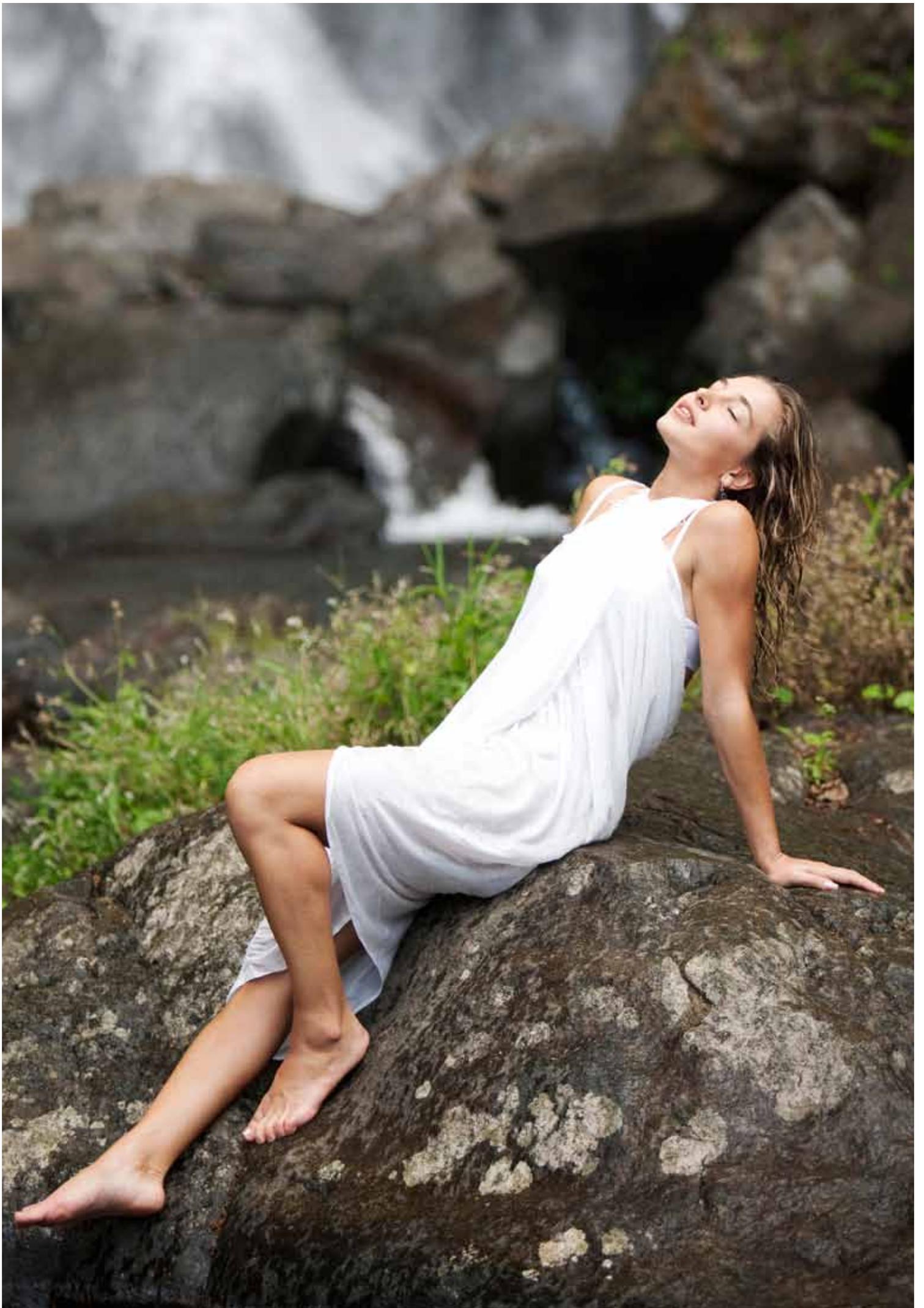
What exactly is the procedure when taking a steam bath?

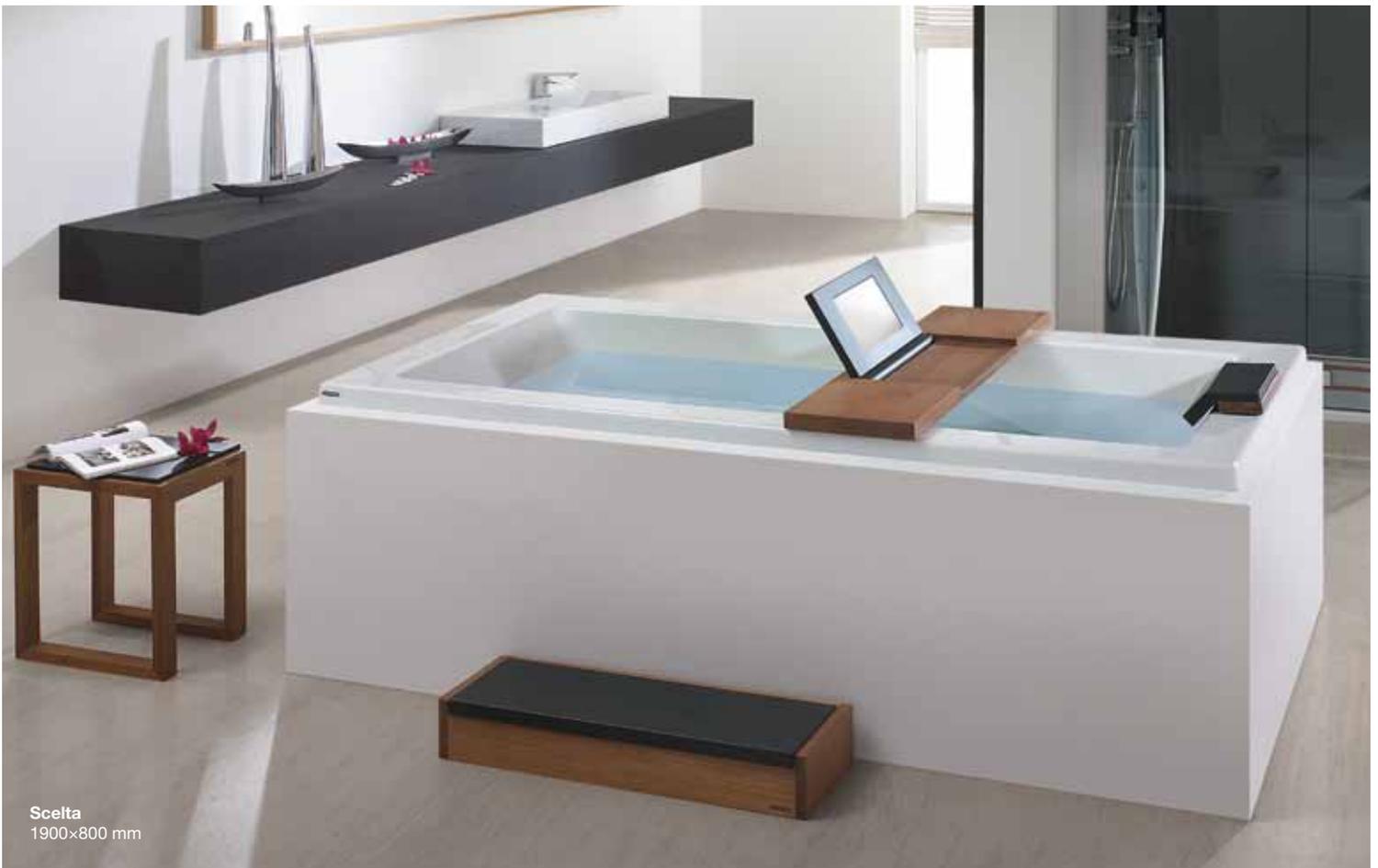
The steam bath should last between 10 and 15 minutes. You will find that a temperature of 40 to 50°C and a relative air humidity of almost 100 percent are the best conditions for both your circulation and your health. Shower well afterwards. A cold jet of water revives your spirits, helps keep your blood vessels in good condition and boosts the immune system. When taking a cold shower, we recommend that you start with your feet and hands and gradually work upwards towards your heart. This allows your body to accustom itself to the cold. Repeat the steam bath/shower cycle no more than three times to achieve the best results for your health. After showering, rub some cream into your skin, which will already be feeling noticeably softer. Finally, relax for a bit longer on a sofa or in bed. Your body temperature will gradually return to normal while your body becomes more and more relaxed. As when taking a sauna, observe the recommended sweating, cooling and resting times when taking a steam bath. A steam bath gives you new energy, a healthy sense of wellbeing and inner peace.

bath accessories

EXPERIENCE
NATURAL MATERIALS...







Scelta
1900x800 mm



Tub grip



Stool

Think of useful bathroom accessories

Only a hygienically clean bathroom can turn into a true wellness paradise, where the desired energising relaxation is waiting for us. Although bathroom equipment made of high-quality acrylic can be rinsed with pure water, some practical care sets belong to the basic equipment of any bathroom: fine abrasive paper and a special polishing cream letting scratches and matte spots quickly disappear, as well as gentle special cleaners that dissolve even strong stains. You can also complete your bathroom concept with design accessories. In cooperation with the team of yellow design, the creative ideas by HOESCH were implemented with high-quality materials, modern aesthetics and extraordinary functionality in many useful products, making your life more beautiful. Enjoy furnishing your bathroom.



Wall towel rail



Shelf

Arrange every detail of your bathroom

Safely step into your bathtub pleasure via an anti-slip step. Slow immersion into steaming water gives us the intense feeling of soaring happiness in our body. Lean your head against the comfortable neck rest and enjoy pure wellness delight. In addition, there is enough space on the practical bathtub shelf with mirror for a cocktail or a book – whatever you feel like doing. When you finish your bath, an integrated tub grip helps to keep your balance when leaving the tub. Subsequently, the care products or other utensils are easier on hand when placed on a wide wall shelf, a solid stool or a valet stand. In this way, HOESCH achieves increased quality of life by clear, reduced design: thanks to the convincing material mixture of black PU coatings and water-resistant teak wood, all bathroom accessories are functional with a stylish appearance.



Tub tray with mirror



Be your own bathroom designer.



Step

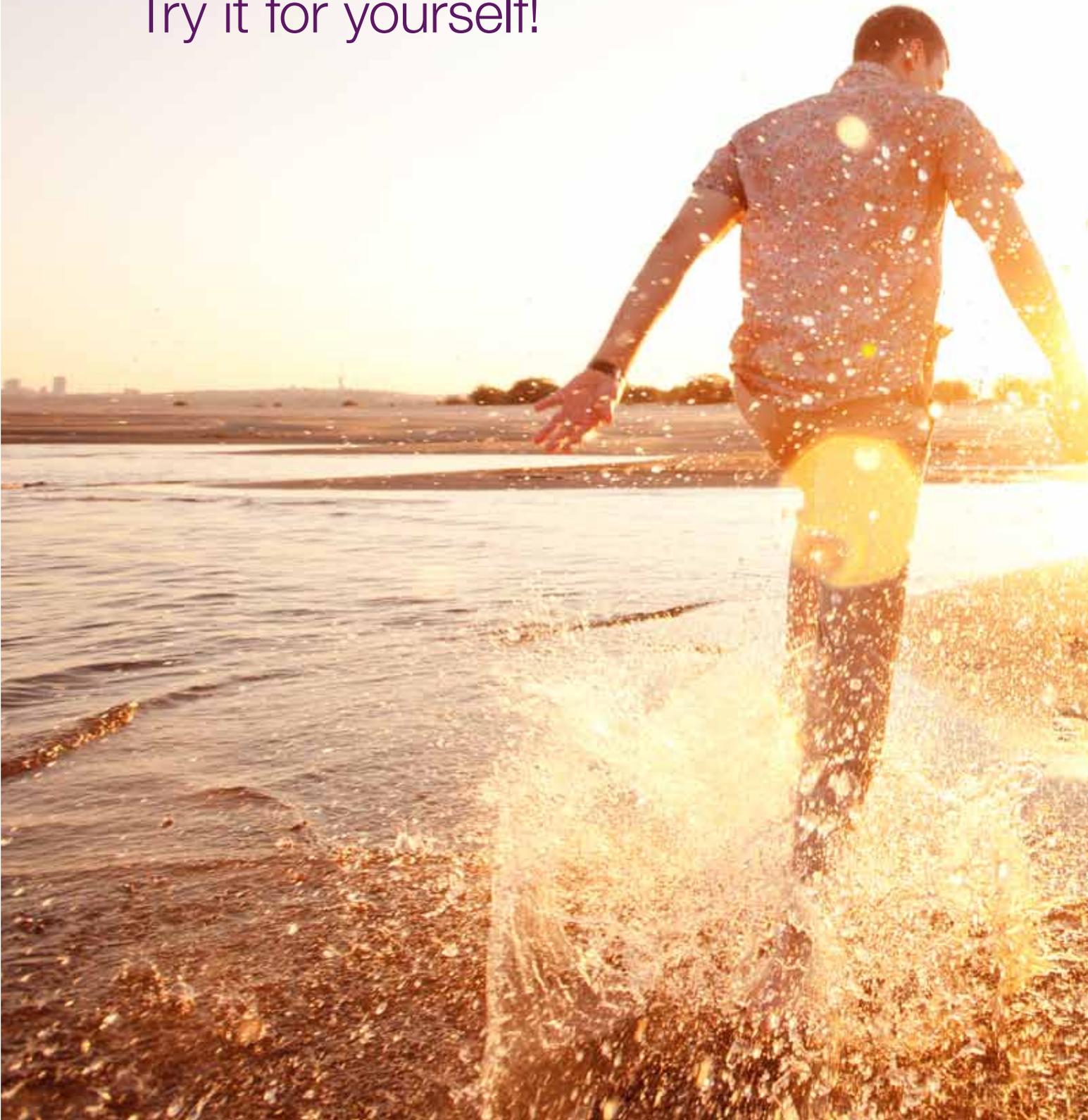


Neck rest

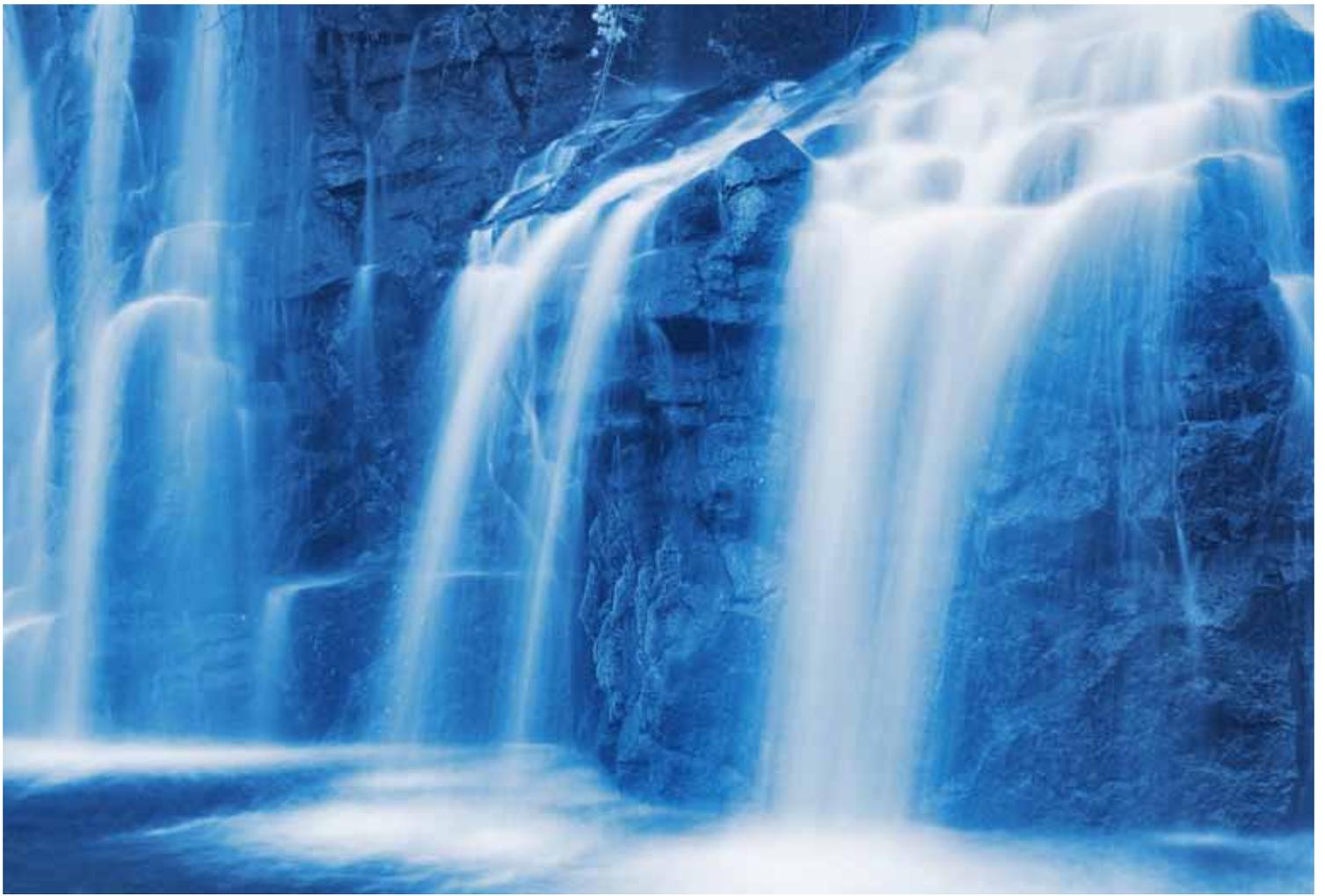


Valet stand

Discover the world of HOESCH.
Try it for yourself!







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Subject to technical modifications.